

Leadership Academy

Professional development certificate in leadership for advanced practice professionals

Program syllabus

Program overview

Arizona State University's College of Health Solutions is excited to welcome you to the Leadership Academy for advanced practice professionals. The Leadership Academy is a deep dive into the personal and organizational strategies and skills necessary to be an effective leader within your own organization. Key to this experience is the promotion of personal professional growth in a unique and individualized approach that incorporates hands-on learning and practical tools to equip advanced practice professionals with key leadership strategies they need to successfully lead change in their organization.

As part of the Leadership Academy, you will be mentored by ASU faculty through a personal learning experience, or PLP, with interactive, impactful virtual learning components. The PLP allows the participant to use the leadership skills obtained in the academy and directly apply them to a leadership challenge they currently face in their workplace environment. Examples of PLP topics include quality improvement initiatives, system-based challenges, or development of a particular educational intervention. Completion of the PLP includes a presentation on the project development and findings to the cohort along with completion of a written workbook. To continue support for the program participants, follow-up webinars will be offered to reinforce the leadership skills obtained in the skills workshop.

Program goals

At the conclusion of this program, participants will be able to:

- Adopt a growth vs. fixed mindset to successfully lead in the complex health care environment.
- Apply key skills and tools of high-performance teamwork in order to lead within an organization.
- Develop techniques to improve influence within an organization to create and lead change.
- Create an executive presence through incorporation of specific skills and tools based on the Amy Cuddy model.
- Identify a key leadership challenge and work with colleagues to develop a structured approach to successfully completing a leadership project.
- Apply a framework for driving and managing change for personal and organizational change.

Objectives will be achieved through group discussion, self-reflection tools, assessment and hands-on learning experiences throughout the program.

Program components

- 1) Four-week intensive: "Developing executive presence to create long-lasting change."
- 2) Follow-up session: "Driving and managing change for yourself and others."
- 3) Coaching circles and peer mentoring.
- 4) Personal leadership project and final presentation.

Program schedule

Date	Program component	Location
Jan. 8, 15, 22 and 29, 2021 Noon – 1:30 p.m. (MST)	Four-week intensive: “Developing executive presence to create long-lasting change” <ul style="list-style-type: none">Leadership framework – Jan. 8, 2021High performance teaming – Jan. 15, 2021Creating influence – Jan. 22, 2021Developing executive presence – Jan. 29, 2021	Format: Via Zoom CME credits: 8 hours, Category 1 CME (Six hours of live sessions; two hours of pre-work prior to each session)
Feb. 26, 2021 Noon – 1:30 p.m. (MST)	Follow-up session: “Driving and managing change for yourself and others” <ul style="list-style-type: none">Executive coach presentationCoaching circle report – leadership challengesPLP report out	Format: Via Zoom CME credits: 1.5 hours, Category 1 CME
March 26, 2021 Noon – 1:30 p.m. (MST)	Personal leadership project presentations <ul style="list-style-type: none">Presentation for personal leadership challengesIntegration into personal leadership projectProgram wrap-up and next steps	Format: Via Zoom CME credits: 21.5 hours (includes PLP), Category 1 CME

Learner expectations

To complete the program successfully and earn CME credit, participants are expected to fulfill the following:

- Complete all self-assessments (pre- and post-evaluations).
- Submit a session evaluation via link provided to you.
- Attend and participate in all six virtual sessions as outlined above.
- Provide updates on PLP at the Feb. 26 session.
- Present final PLP at the March 26 session.

CME accreditation

Arizona State University will seek CME approval through the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit to participants in the Regularly Scheduled Series. There are approximately a total of 31 CME credits available in this program.

Faculty

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CME certificate

CME verification and certificates will be provided to participants upon completion of the program and submission of evaluations.

Conflict of interest disclosure

There are no conflicts of interest or disclosures to report for the activity.

Questions

Continuing Professional Education

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