Dietetic Internship Handbook

for

MS and Non-Degree Tracks

2019-2020

(revised 8/1/19)
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INTRODUCTION TO THE ARIZONA STATE UNIVERSITY DIETETIC INTERNSHIP

The Nutrition Program at Arizona State University (ASU) offers three tracks of an accredited Dietetic Internship (DI) to prepare students to become professional Registered Dietitian Nutritionists (RDNs): 1) a two-year combined Master of Science degree plus dietetic internship, open to students from throughout the United States, 2) an 8-month non-degree dietetic internship open only to graduates of the ASU Didactic Program in Dietetics (DPD), and 3) a 1 1/2 year combined Master of Science degree plus Veterans Affairs (VA) Dietetic Internship, open to any students in the United States.

The ASU Dietetic Internship program prepares entry-level Registered Dietitian Nutritionists for careers in a variety of healthcare settings including hospitals, health care agencies, government, food industries, restaurants, schools and private practice. Dietitians assist individuals and families in choosing food for adequate nutrition in health or disease throughout the life cycle, supervise the preparation and service of food in groups, develop modified diets, and participate in nutrition research.

ASU’s Dietetic Internship program is currently accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND) of the Academy of Nutrition and Dietetics (AND), 120 S. Riverside Plaza, Suite 2190, Chicago, IL 60606-6995, (312) 899-0040 ext 5400.

The ASU Nutrition Program, including all courses, faculty, and the dietetic internship program is located at the ASU Downtown Phoenix campus.

Dietetic Internship - Contact Information:

- **Dietetic Internship Director:**
  - Tina Shepard, MS, RDN, FAND
  - Clinical Professor
  - Arizona State University
  - 550 N. 3rd Street
  - Phoenix, AZ 85004
  - (602)496-1855
  - fax (602)496-1873
  - Tina.Shepard@asu.edu

- **Assistant Dietetic Internship Director:**
  - Sandra Mayol-Kreiser, PhD, RDN, CNSC
  - Clinical Professor
  - Arizona State University
  - 550 N. 3rd Street
  - Phoenix, AZ 85004
  - (602) 496-1862
  - fax (602)496-1873
  - Sandra.Mayol-Kreiser@asu.edu

- **ASU Graduate Program and Dietetic Internship Coordinator:**
  - Amanda Kling, Med
  - 500 N. 3rd Street
  - Phoenix, AZ 85004
  - (602)496-0869
  - fax (602)496-0921
  - Amanda.Kling@asu.edu

Additional information can be found on the [ASU Dietetic Internship Website](#)
The ASU Nutrition Program, including all courses, faculty, and the dietetic internship program is located at the ASU Downtown Phoenix campus.

### Comparison of 3 Tracks of Arizona State University Dietetic Internship:

<table>
<thead>
<tr>
<th></th>
<th>MS-Degree Track</th>
<th>Non-Degree Track</th>
<th>ASU/VA MS-Degree Track</th>
</tr>
</thead>
<tbody>
<tr>
<td>Interns accepted</td>
<td>10</td>
<td>6</td>
<td>6</td>
</tr>
<tr>
<td>Eligible applicants</td>
<td>Any graduate of an accredited DPD program</td>
<td>ASU DPD graduates only</td>
<td>Any graduate of an accredited DPD program</td>
</tr>
<tr>
<td>Program concentration</td>
<td>Research</td>
<td>Wellness</td>
<td>Research</td>
</tr>
<tr>
<td>Program location</td>
<td>ASU Downtown Phoenix campus and off-campus sites in the Greater Phoenix area</td>
<td>ASU Downtown Phoenix campus and off-campus sites in the Greater Phoenix area</td>
<td>ASU Downtown Phoenix campus and VA Healthcare System in Arizona</td>
</tr>
<tr>
<td>ASU Graduate Credits required</td>
<td>33</td>
<td>6</td>
<td>31</td>
</tr>
<tr>
<td>Hours of Supervise Practice</td>
<td>1247</td>
<td>1270</td>
<td>1300</td>
</tr>
<tr>
<td>Anticipated time for completion</td>
<td>24 months</td>
<td>8 months</td>
<td>16 months</td>
</tr>
<tr>
<td>Schedule for completion</td>
<td>Year 1: Two semesters of graduate courses and research thesis Year 2: Supervised practice from mid-August to March</td>
<td>Supervised practice from mid-August to April</td>
<td>Supervised practice, part-time, from January to April of the following year at the Phoenix and Northern Arizona VA Healthcare Systems during the day concurrent with ASU graduate courses online or in the evenings and an applied research project</td>
</tr>
<tr>
<td>Upon completion student receives</td>
<td>Academy of Nutrition and Dietetics verification statement of DI completion + ASU Master of Science (MS) in Nutrition degree</td>
<td>Academy of Nutrition and Dietetics verification statement of DI completion</td>
<td>Academy of Nutrition and Dietetics verification statement of DI completion + ASU Master of Science (MS) in Nutrition degree</td>
</tr>
<tr>
<td>Application deadline</td>
<td>February 15&lt;sup&gt;th&lt;/sup&gt;</td>
<td>February 15&lt;sup&gt;th&lt;/sup&gt;</td>
<td>September 25&lt;sup&gt;th&lt;/sup&gt;</td>
</tr>
</tbody>
</table>
PROGRAM MISSION AND GOALS FOR GRADUATES

ASU Dietetic Internship Mission:

- The mission of the Dietetic Internship at Arizona State University is to develop Registered Dietitian Nutritionists who have the skills necessary to transfer nutrition knowledge into actual application and high-quality entry level practice. The program provides a strong core of dietetic experiences in which the interns will use knowledge gained in their undergraduate studies and graduate research to benefit the nutrition knowledge, health, and wellness of individuals and the community.

Dietetic Internship Program Goals:

Goal #1: To prepare high-quality Registered Dietitian Nutritionists for employment in entry-level positions.

Outcome measures:

a) Over a 5-year period, at least 80% of program graduates will pass the CDR credentialing exam for dietitian nutritionists within one year following first attempt.

b) Over a 5-year period, at least 80% of program graduates will take the CDR credentialing exam for dietitian nutritionists within 12 months of program completion.

c) Each year, the mean program score on the CDR credentialing exam for dietitian nutritionists will exceed the national mean score.

d) Over a 5-year period, at least 80% of employers who respond to a survey on program graduates will rate graduates as adequate or very good in preparedness for an entry-level RDN position.

e) For graduates seeking employment, at least 80% will obtain dietetics-related positions within 12 months of program completion.

Goal #2: The MS-degree and PhD ISPP tracks of the internship program will prepare entry-level Registered Dietitian Nutritionist graduates who have successfully completed both research and coursework to attain an advanced degree along with the dietetic internship.

Outcome measures:

a) Over a 5-year period, at least 80% of interns who start the MS-degree or PhD ISPP tracks of the program will complete both the internship and Master of Science degree (or only the internship for the PhD ISPP track) within 150% of the time planned for completion (3 years for MS-track; 2 years for ASU-VA pathway; 3 years for PhD ISPP track).

b) Over a 5-year period, at least 80% of graduate survey respondents will agree or strongly agree that their master’s or PhD degree and practicum experiences were important for their careers in dietetics.

Program outcomes data is available upon request.

STUDENT LEARNING OUTCOMES

Student Learning Outcomes:

1. Graduates will demonstrate professional behaviors, including ethical practice, participation in professional activities, and a commitment to lifelong learning.

2. Graduates will demonstrate effective communication skills and the ability to use a variety of communication tools in disseminating nutrition information.

3. Graduates will demonstrate their ability to use efficiently and effectively the techniques and tools for managing foodservice systems.

4. Graduates will demonstrate their ability to apply knowledge and skills in medical nutrition therapy in a variety of settings.

5. Graduates will be able to utilize a broad knowledge of community nutrition to enhance health and promote wellness in a variety of settings.
ADMISSION PROCEDURES

MS Degree Dietetic Internship (non VA) – Information & Admission Requirements

The Arizona State University MS-degree Dietetic Internship track is a two-year combined program for individuals who have completed at least a bachelor’s degree as well as the accredited Didactic Program in Dietetics (DPD) coursework requirements. This track of the program is open to graduates of any DPD program, whereas the non-degree track of the ASU Dietetic Internship is open to only ASU DPD graduates. The dietetic internship provides the supervised practice experience that is required to be eligible to take the registration examination for dietitians. The combined program offers interns the opportunity to complete a Master of Science degree in Nutrition in addition to the required supervised practice component. The ASU MS-degree Dietetic Internship program has a concentration in research and is designed to meet the competencies for entry-level practice as an RDN. The program requires completion of a 30 credit MS degree, research thesis, and 1,247 hours (about 8 months full-time) of supervised practice experience.

The first year of the combined MS/DI program consists mainly of graduate coursework in the Nutrition Program at ASU. Interns complete research under the guidance of graduate nutrition faculty. (See the MS in Nutrition website https://chs.asu.edu/programs/nutrition-ms for more information). Supervised practice for the dietetic internship begin in August of the second year.

The intern must successfully complete the objectives for each supervised practice experience and meet all requirements for the Master’s degree, including writing a thesis and passing the defense. Upon satisfactory completion of both the MS degree and the dietetic internship, students will be provided with an Academy of Nutrition and Dietetics Verification Statement indicating their eligibility to sit for the Registration Examination for Dietitians.

Application Information

Admission to the MS-degree dietetic internship requires concurrent admission to ASU Graduate Admissions. Applicants must complete two different online application forms, one for the internship (DICAS system – see below) and one for the MS in Nutrition using the ASU Graduate Admissions online system:
https://students.asu.edu/graduate

In addition, before beginning the ASU Dietetic Internship, all students must provide official transcripts showing completion of at least a bachelor's degree from an accredited college or university and also a signed verification statement from an accredited Didactic Program in Dietetics.

The MS-degree track of the ASU Dietetic Internship uses the online DICAS application system and D&D Digital computer matching process, with a due date each year of February 15th. Applicants must also apply online by February 15th to the MS degree in Nutrition on the ASU Graduate Admissions online system at:
https://students.asu.edu/graduate/how-and-when-apply-graduate-admission

- The program uses DICAS, the on-line centralized internship application at https://portal.dicas.org/.
- E-mail DICASinfo@DICAS.org for more information about this system. The on-line application must be completed for our program by 11:59 p.m. Central Time on February 15. The fee to use DICAS is $45 for the first application submitted and $20 for each additional application. Official Transcripts from all colleges and universities attended should be sent to: DICAS - Transcript Dept., PO Box 9118, Watertown, MA, 02472.
- When completing the application form, applicants must include the name and contact information (specifically an e-mail address) for each reference. This will trigger an e-mail message requesting completion of a reference form. The form will be completed on-line. Students submitting more than one application will need to use the same individuals as references for each application.
- Applicants must also register online with D&D Digital, at http://www.dnddigital.com/ for computer matching and select dietetic internship priority choices by 11:59 p.m. Central Time on February 15th. There is a $50.00 computer matching fee.
Applicants must:

- Provide an Academy of Nutrition and Dietetics Verification Statement or Declaration of Intent to Complete a Didactic Program in Dietetics (DPD) – submitted with the DICAS online application.
- Provide official transcripts showing completion of at least a bachelor's degree from an accredited college or university (bachelor's degree must be completed before beginning program in August) - submitted with the DICAS online application, as well as to ASU Graduate Admissions.
- Request 3 letters of recommendation - submitted with the DICAS online application.
- Provide a resume or curriculum vita - submitted with the DICAS online application as well as to ASU Graduate Admissions.
- Provide a 1-2 page personal statement addressing the following:
  1. Describe the significant professional responsibilities you have held.
  2. State your professional goals and reasons for desiring to enroll in this MS/DI program.
  3. Describe your strengths that will help you succeed in the program and in reaching your professional goals.
  4. Indicate your personal research interests as specifically as possible, including any previous research experience you may have acquired.
  5. If you are also applying for a Graduate Assistantship, please describe any previous teaching experience, or experience as a TA or RA.

This personal statement should be submitted with the DICAS online application as well as to ASU Graduate Admissions.

- Have a cumulative GPA of 3.0 or higher.
- Submit scores for the Graduate Records Exam (GRE) general test to ASU Graduate Admissions.
- Apply online for admission into the ASU Master of Science, Nutrition* program, at [https://students.asu.edu/graduate/how-and-when-apply-graduate-admission](https://students.asu.edu/graduate/how-and-when-apply-graduate-admission) and the Academy of Nutrition and Dietetics DICAS system by February 15th.

*Make sure to apply to the MS in Nutrition degree and NOT the MS Dietetics Concentration, since this program is only for current Registered Dietitian Nutritionists.

### General Information:

<table>
<thead>
<tr>
<th>Description</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Openings in MS-degree Dietetic Internship Track</td>
<td>10</td>
</tr>
<tr>
<td>Average number of applicants to ASU MS/DI program, last 2 years</td>
<td>60</td>
</tr>
<tr>
<td>GRE score requirement (General Exam)</td>
<td>Competitive quantitative and verbal GRE scores &gt;3.5 score on analytical writing section</td>
</tr>
<tr>
<td>Minimum GPA required (cumulative and DPD)</td>
<td>3.0</td>
</tr>
<tr>
<td>Average DPD GPA of enrolled interns, last 2 years</td>
<td>3.75</td>
</tr>
<tr>
<td>Average GRE scores of enrolled interns, last 2 years</td>
<td>&gt;50th percentile in all areas</td>
</tr>
<tr>
<td>Interview</td>
<td>None</td>
</tr>
<tr>
<td>Ranking of importance for acceptance into the MS/DI Program</td>
<td>1. GPA 2. GRE 3. Letter of Application 4. Letters of Recommendation</td>
</tr>
</tbody>
</table>
Non-Degree Dietetic Internship – Information & Admission Requirements

The Arizona State University non-degree Dietetic Internship track is an 8-month program for individuals who have completed at least a bachelor’s degree as well as the ASU Didactic Program in Dietetics (DPD) coursework requirements. This track of the program is open to only ASU DPD graduates. It is not a requirement that eligible applicants have a BS degree from ASU, but they must have completed the ASU DPD program (or apply while their final DPD courses are in progress). The dietetic internship provides the supervised practice experience that is required to be eligible to take the registration examination for dietitians. The ASU non-degree Dietetic Internship program has a concentration in wellness and is designed to meet the competencies for entry-level practice as an RDN. The program requires completion of 1,312 hours (about 8 months full-time) of supervised practice experience.

Eligibility Requirements for Non-Degree Track of ASU Dietetic Internship:

- Bachelor’s degree from an accredited college or university.
- Successful completion of the Didactic Program in Dietetics (DPD) at Arizona State University (ASU) within the past five years. (Applicants must submit an original, signed DPD Verification Statement from ASU, or a signed Declaration of Intent to Complete form if they have yet to graduate, from the ASU DPD Director.)
- A minimum cumulative GPA of 3.0 (4.0 scale) as well as a minimum GPA of 3.0 (4.0 scale) in DPD courses.
- Dietetics-related work and/or volunteer experience.

Application Information

The non-degree track of the ASU Dietetic Internship uses the online DICAS application system and D&D Digital computer matching process, with a due date each year of February 15th.

- The program is using DICAS, the on-line centralized internship application at https://portal.dicas.org/.
- E-mail DICASinfo@DICAS.org for more information about this system. The on-line application must be completed for our program by 11:59 p.m. Central Time on February 15. The fee to use DICAS is $45 for the first application submitted and $20 for each additional application. Official Transcripts from all colleges and universities attended should be sent to: DICAS - Transcript Dept., PO Box 9118, Watertown, MA, 02472.
- When completing the application form, applicants must include the name and contact information (specifically an e-mail address) for each reference. This will trigger an e-mail message requesting completion of a reference form. The form will be completed on-line. Students submitting more than one application will need to use the same individuals as references for each application.
- Applicants must also register online with D&D Digital, at http://www.dnddigital.com/ for computer matching and select dietetic internship priority choices by 11:59 p.m. Central Time on February 15. There is a $50.00 computer matching fee.

Applicants must:

- Provide an Academy of Nutrition and Dietetics Verification Statement or Declaration of Intent to Complete a Didactic Program in Dietetics (DPD) from ASU – submitted with the DICAS online application.
- Provide official transcripts from all colleges or universities attended showing a cumulative GPA of 3.0 or higher (bachelor's degree must be completed before beginning internship in August) – submitted with the DICAS online application.
- Request 3 letters of recommendation - submitted with the DICAS online application.
- Provide a resume or curriculum vita - submitted with the DICAS online application.
- Provide a 1-2 page personal statement addressing the following:
  1. Why do you want to enter the dietetics profession?
  2. Describe the significant professional responsibilities you have held.
  3. State your professional goals and reasons for desiring to enroll in this DI program.
  4. Describe your strengths that will help you succeed in the program and in reaching your professional goals.
  5. What other information do you consider important about yourself for the selection decision?

This personal statement should be submitted with the DICAS online application.
- Finalists will have a personal interview with the selection committee.

- After you are matched into the ASU non-degree Dietetic Internship, students must apply ($70 app fee) to become non-degree graduate students at Arizona State University and enroll in 3 credits of NTR580, “Dietetic Practicum”, in the fall semester and another 3 credits of NTR 580 in the spring semester.

**General Information:**

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<table>
<thead>
<tr>
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</thead>
<tbody>
<tr>
<td>Openings in non-degree Dietetic Internship track</td>
<td>6</td>
</tr>
<tr>
<td>Average number of applicants to ASU MS/DI program, last 2 years</td>
<td>45</td>
</tr>
<tr>
<td>Minimum GPA required (cumulative and DPD)</td>
<td>3.0</td>
</tr>
<tr>
<td>Average DPD GPA of enrolled interns, last 2 years</td>
<td>3.56</td>
</tr>
<tr>
<td>Interview</td>
<td></td>
</tr>
<tr>
<td>Personal or phone interview required for finalists</td>
<td></td>
</tr>
</tbody>
</table>
| Ranking of importance for acceptance:           | 1. Interview  
                                                      2. GPA  
                                                      3. Dietetic-related work and volunteer experience  
                                                      4. Letter of Application  
                                                      5. Letters of Recommendation |

**Recency of Education Policy**

Potential applicants to any of the Dietetic Internship tracks at Arizona State University who have completed DPD programs five or more years prior to application to the internship will be required to update their core knowledge with additional coursework and/or qualified professional experience in nutrition and/or foodservice in order to be eligible to apply. Academic coursework will be recommended based on the applicant’s academic and professional experience, and must be accomplished through an ACEND-accredited nutrition and dietetics program. All courses to satisfy recency of education requirements, as determined upon consultation between the applicant and the ASU DI Directors, must have been completed within the last five years and prior to beginning the internship. Approval of coursework/professional experience will be at the discretion of the ASU Internship Directors.

The Nutrition Program and ASU administer their educational programs and activities including admission, without regard to race, color, religion, gender, national origin, age or handicap.
### MS-DI Track Program Costs for 2019-2020:

<table>
<thead>
<tr>
<th>Program Fees</th>
<th>Cost</th>
</tr>
</thead>
</table>
| **ASU Tuition (for 2019):**  
  Arizona resident = $837/credit  
  Non-resident = $1,602/credit  
  (ASU Tuition information: Please check for updates at: https://catalog.asu.edu/tuitionandfees/) |               |
| **1st year** of MS-degree courses: (typically) 12 credits in fall and 15 in spring  
  = $6,804/semester (with fees) – AZ residents  
  = $12,716/semester (with fees) – Non-residents | AZ residents $13,608  
  Non-residents $25,432 |
| **2nd year** of supervised practice: 3 credits NTR 580 in fall and 3 in spring  
  (based on 2019-20 tuition rates)  
  = $3,859/semester (with fees) – AZ residents  
  = $4,328/semester (with fees) – Non-residents | AZ residents $7,718  
  Non-residents $8,656 |
| ASU Graduate School application Fee                                           | $70           |
| Academy of Nutrition and Dietetics DICAS application fee                      | $45           |
| D & D Digital Matching fee                                                    | $50           |
| **Other Expenses and Approximate Costs:**                                    |               |
| Fingerprint Clearance Card and Criminal Background Check                     | $70           |
| Immunizations, TB test, urine drug screen (estimated)                         | $150          |
| Student Professional Liability insurance                                      | $25           |
| Academy of Nutrition and Dietetics Student Membership Fee                    | $50           |
| AZAND-Central District membership fee                                         | $15           |
| **Total for 2-year program*:**                                               | AZ residents $21,801  
  Non-residents $34,563 |

*These costs are estimated based on previous semesters. Actual costs may vary slightly based on ASU graduate tuition fees and the variable costs of immunizations, background checks, etc.*
### NON-DEGREE DI Program Costs for 2019-2020:

<table>
<thead>
<tr>
<th>Program Fees</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>ASU Tuition (for 2019): Arizona resident = $837/credit</td>
<td></td>
</tr>
<tr>
<td>Non-resident = $1,6102/credit</td>
<td></td>
</tr>
<tr>
<td>(ASU Tuition information: Please check for updates at:</td>
<td></td>
</tr>
<tr>
<td><a href="https://catalog.asu.edu/tuitionandfees/">https://catalog.asu.edu/tuitionandfees/</a></td>
<td></td>
</tr>
<tr>
<td>Interns must enroll in 3 credits of NTR 580 in fall and 3 in spring</td>
<td>AZ residents $5,500</td>
</tr>
<tr>
<td>= $2,750/semester (with fees) – AZ residents</td>
<td>Non-residents $8,326</td>
</tr>
<tr>
<td>= $4,163/semester (with fees) – Non-residents</td>
<td></td>
</tr>
<tr>
<td>ASU Graduate School application Fee (interns are admitted as non-degree</td>
<td></td>
</tr>
<tr>
<td>graduate students after being matched into the internship)</td>
<td>$70</td>
</tr>
<tr>
<td>Program Fee non-degree Dietetic Interns - $1,000/semester</td>
<td>$2,000</td>
</tr>
<tr>
<td>Academy of Nutrition and Dietetics DICAS application fee</td>
<td>$45</td>
</tr>
<tr>
<td>D &amp; D Digital Matching fee</td>
<td>$50</td>
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<tr>
<td><strong>Other Expenses and Approximate Costs:</strong></td>
<td></td>
</tr>
<tr>
<td>Fingerprint Clearance Card and Criminal Background Check</td>
<td>$70</td>
</tr>
<tr>
<td>Immunizations, TB test, urine drug screen (estimated)</td>
<td>$150</td>
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<td>Student Professional Liability insurance</td>
<td>$25</td>
</tr>
<tr>
<td>Academy of Nutrition and Dietetics (formerly ADA) Student Member Fee</td>
<td>$50</td>
</tr>
<tr>
<td>AZAND-Central District membership fee</td>
<td>$15</td>
</tr>
<tr>
<td><strong>Total</strong>*</td>
<td>AZ residents $8,000</td>
</tr>
<tr>
<td></td>
<td>Non-residents $10,826</td>
</tr>
</tbody>
</table>

*These costs are estimated based on previous semesters. Actual costs may vary slightly based on ASU graduate tuition fees and the variable costs of immunizations, background checks, etc.

**Other Costs/Requirements for both DI tracks:**
Each intern is required to have his/her own form of transportation, as most supervised practice rotations will be completed at off campus locations throughout the Phoenix metropolitan area. Interns are required to provide proof of automobile, and health insurance. Interns are required to provide documentation of the following immunizations/tests or proof of immunity prior to starting supervised practice:

- Negative TB test
- Hepatitis B (or signed declination form)
- MMR series (also required for initial enrollment at ASU)
- Tetanus
- Chicken Pox (varicella, or verification of immunity)
- Urine drug screen
- Fingerprint clearance/Background check
- CPR certification
- Influenza Vaccination (October 1 – March 31)

**Estimated Additional Costs of the Program:**
- average rent for 1 bedroom apartment in Phoenix: $900/month
- estimate of travel cost (gas if driving to/from rotation sites): $3.50 per day of supervised practice
TUITION PAYMENT/ FINANCIAL AID AND UNIVERSITY RESOURCES

Tuition payment is due based on Arizona State University tuition deadlines. See this website for ASU tuition policies: http://students.asu.edu/tuitiondeadlines. Interns in both tracks of the ASU program must be admitted as ASU students and registered for NTR 580 credits by the first day of the ASU fall and spring semesters in order to begin or continue in the dietetic internship program.

Financial Aid: MS-DI Track

The most common forms of financial support for graduate students in Nutrition at ASU are Graduate Service Assistantships (GSA). These are hourly wage positions that assist with specific courses. Appointments can range from ten to twenty hours a week.

Students may apply for additional financial support, such as student loans, through the University Financial Aid Office: https://graduate.asu.edu/pay-for-college. Interns can usually defer existing student loans (with a letter from the DI Director). In years past, interns have been able to comfortably work 10-20 hours a week (nights and weekends) outside the internship for additional monetary support. Applicants are encouraged to apply for scholarships through the Academy of Nutrition and Dietetics (www.eatright.org).

Financial Aid: Non-Degree DI Track

Students in the non-degree track of the ASU Dietetic Internship are NOT eligible for federal student loans since they are not admitted into an ASU degree program. Generally interns can defer existing student loans (with a letter from the DI Director). However, interns usually cannot qualify for federal financial aid assistance because this program does not grant a degree. In years past, interns have been able to comfortably work 10-20 hours a week (nights and weekends) outside the internship for additional monetary support. Applicants are encouraged to apply for scholarships through the Academy of Nutrition and Dietetics (www.eatright.org).

Resources

As an ASU student, dietetic interns have access to university resources (library, counseling, tutoring, etc.) Please visit https://chs.asu.edu/students/resources for a list of resources available to ASU students.

SCHEDULE FOR ASU MASTER OF SCIENCE AND NON-DEGREE DI PROGRAMS

MS-DI Track Schedule

Students admitted into the MS-Degree and Dietetic Internship Program at ASU will be notified of admission by the D&D Digital Computer Matching system in early April each year, followed by notification from ASU Graduate Admissions. Accepted students will receive appointments to graduate assistantships sometime in May-June. New MS students are invited each year to an ASU Nutrition Program Graduate Student Orientation, usually the week before classes begin in the fall semester.

The first year of the combined MS degree/Dietetic Internship consists of graduate coursework and progress toward the completion of a thesis research project. Each graduate student must develop a Plan of Study to meet the goals and objectives of the program and the student’s graduate committee. A minimum of 30 graduate credits is required for the MS degree.

The second year of the MS/DI Program consists of the supervised practice portion of the dietetic internship. Students will be enrolled for three graduate credit hours during both the Fall and Spring semesters of the DI
experience (as NTR 580, Practicum). Only three of these credit hours, however, may be applied towards the 30 credit hours required for the MS degree.

During the approximately eight months of the DI practicum, the interns will rotate through various prearranged sites and work with supervising Registered Dietitian Nutritionists (RDN) and other preceptors. The DI supervised practice experience begins approximately in mid-August and ends in March. The rotations will vary in length from one day to 11 weeks and provide experiences in clinical dietetics, food service management, and community nutrition. Upon completion of the DI program the intern can return to the ASU campus to complete the balance of MS coursework and thesis research responsibilities, if necessary. Upon successful completion of ASU MS coursework, thesis, and DI practicum requirements the intern will be provided with an Academy of Nutrition and Dietetics Verification Statement indicating their eligibility to sit for the Registration Examination for Dietitians. On average, most students complete all the ASU MS coursework, thesis, and DI practicum requirements in 2 to 2 ½ years.

**Supervised Practice Sites and Schedule for MS-Degree Track of ASU Dietetic Internship:**

The supervised practice component of the MS-Degree dietetic internship track will begin the second year of the MS program in mid-August (usually near the start of the ASU fall semester) and end at the end of March each year - providing 1,247 hours of supervised practice experience.

<table>
<thead>
<tr>
<th>ROTATION</th>
<th>SUPERVISED PRACTICE SITE*</th>
<th>WEEKS</th>
<th>SUPERVISED PRACTICE OR DIDACTIC HOURS</th>
</tr>
</thead>
</table>
| Research | Completion of research thesis requirement during MS degree | 135
| Orientation | ASU Clinical Boot Camp, Phoenix Children’s Hospital, and other orientation sites | 1.5 | 54 |
| Clinical Nutrition/Medical Nutrition Therapy (acute & critical care, outpatient, renal, long-term care) | Banner Baywood Medical Center, Banner Desert Medical Center, Banner Diabetes Center, Banner University Medical Center Phoenix, Phoenix VA Medical Center, Chandler Regional Medical Center, Mayo Clinic Hospital, HonorHealth Medical Centers, Mercy-Gilbert Diabetes Center, AZ Kidney Disease and Hypertension Center, Rosewood Ranch Eating Disorder Treatment Center, SW Center for HIV and AIDS, Nutrition Alliance, St. Joseph’s Medical Center, St. Vincent de Paul Diabetes Center, Glencroft Senior Community | 14 | 560 |
| Food Service Management and Administration | Cave Creek, Gilbert, Glendale, Mesa, Madison, Peoria, and Tempe Public School Districts, Arizona Department of Education, HonorHealth Medical Centers, Phoenix VA Medical Center | 7 | 280 |
| Community/Public Health Nutrition/Wellness | Maricopa County Head Start, Arizona Department of Health Services, ASU Student Health Center, ASU Employee Wellness | 4 | 160 |
| Enrichment | Enrichment: Interns select rotation site, with DI Director approval, to complete nutrition-related project and gain experience in an area of specific interest to intern. | 2 | 80 |
| Vacation | Thanksgiving/Christmas vacation and other holidays | 4.5 | (-24 hrs)** |
| TOTAL | | 33 weeks | 1,247 |

*Practice sites are subject to availability and may change each year. The sites on this list have been used for the MS-internship the past 2 years.

** - 24 hours for Labor Day, Veteran’s Day, and MLK Day, which fall during various rotations.
Non-Degree DI Track Schedule

Students admitted into the non-degree track of the Dietetic Internship Program at ASU will be notified of admission by the D&D Digital Computer Matching system in early April each year. Students will then enroll as non-degree graduate students at Arizona State University. Each student will need to register for three graduate credit hours during both the Fall and Spring semesters of the DI experience (as NTR 580, Practicum). Only three of the credit hours may transfer towards a MS degree in Nutrition at Arizona State University; however, it is possible that more of these credit hours may be applied to other graduate programs at ASU or another institution.

During the 8 months of the DI practicum, the interns will rotate through various prearranged sites and work with supervising Registered Dietitian Nutritionists (RDN) and other preceptors. The rotations will vary in length from one day to eleven weeks and provide experiences in clinical dietetics, food service management, and community nutrition. Upon successful completion of the DI program, the intern will be provided with an Academy of Nutrition and Dietetics Verification Statement indicating their eligibility to sit for the Registration Examination for Dietitians.

Supervised Practice Sites and Schedule for non-degree track of ASU Dietetic Internship:

The non-degree dietetic internship track will begin in mid-August (usually near the start of the ASU fall semester) and end near the end of April each year - providing 1,270 hours of supervised practice experience.

The Clinical Managers and Food Service Directors of the various Phoenix-area Banner Health System Medical Centers have agreed to collaborate with the ASU Dietetic Internship Program to serve as supervised practice sites and preceptors for our non-degree internship track. The six interns who begin the program each August will rotate through various Banner Medical facilities to fulfill their medical nutrition therapy, some of their food service and staff relief competencies. Furthermore, many of these local Banner facilities offer community and employee wellness programs that interns will become involved with.

<table>
<thead>
<tr>
<th>ROTATION</th>
<th>SUPERVISED PRACTICE SITE*</th>
<th>WEEKS</th>
<th>SUPERVISED PRACTICE OR DIDACTIC HOURS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Orientation</td>
<td>ASU Clinical Boot Camp, Phoenix Children’s Hospital, and other orientation sites</td>
<td>1.5</td>
<td>54</td>
</tr>
<tr>
<td>Clinical Nutrition/Medical Nutrition Therapy (acute &amp; critical care, outpatient, long-term care)</td>
<td>Banner Health System Medical Centers in the Greater Phoenix Area, including Banner Baywood, Banner Boswell, Banner Del Webb, Banner Estrella, Banner Gateway, Banner Heart Hospital, Banner Thunderbird, Banner University Medical Center Phoenix. Also AZ Endocrinology Center, DaVita Dialysis, Beattitudes Long-Term Care Center, SW Center for HIV and AIDS, and the Weight Loss Institute of Arizona</td>
<td>14</td>
<td>560</td>
</tr>
<tr>
<td>Food Service Management and Administration</td>
<td>Banner Health System Medical Centers in the Greater Phoenix Area, Arizona Department of Education, Cave Creek, Deer Valley, Gilbert, Glendale, Litchfield, and Peoria School Districts, ASU Nutrition Program Kitchen Cafe</td>
<td>8</td>
<td>320</td>
</tr>
<tr>
<td>Community/Public Health Nutrition/Wellness</td>
<td>Mountain Park WIC clinics, Arizona Department of Health Services, Arizona State University Wellness Program, Maricopa County Head Start, Luke Air Force Base Wellness Dietitian</td>
<td>7</td>
<td>280</td>
</tr>
<tr>
<td>Optional Rotations</td>
<td>Enrichment: Interns select rotation site, with DI Director approval, to complete nutrition-related project and gain experience in an area of specific interest to intern.</td>
<td>2</td>
<td>80</td>
</tr>
<tr>
<td>Vacation</td>
<td>Thanksgiving/Christmas vacation and other holidays</td>
<td>4.5</td>
<td>(-24 hrs)**</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td></td>
<td>37 weeks</td>
<td>1,270</td>
</tr>
</tbody>
</table>

*Practice sites are subject to availability and may change each year. The sites on this list have been used for the non-degree internship the past 2 years.

** - 24 hours for Labor Day, Veteran’s Day, and MLK Day, which fall during various rotations.
To successfully complete the ASU MS-Degree Dietetic Internship Program practicum requirements, interns must receive the following:
- passing grades on all assignments
- all rotation evaluation forms completed and signed by Preceptors
- satisfactory or higher ratings on all evaluated RDN competencies
- All work must be completed and competencies met within 150% of the 2-year schedule for completion (3 years)

The Master of Science degree in Nutrition at Arizona State University requires satisfactory completion of all MS coursework, as well as successful defense of a master’s thesis research project. Interns must present a transcript showing completion of all course requirements as well as proof of a successful thesis defense from their Graduate Committee to the ASU Dietetic Internship Director.

Upon completion of all of these MS degree requirements and practicum requirements, interns will be provided with a Verification Statement indicating their eligibility to sit for the Registration Examination for Dietitians administered by the Commission on Dietetic Registration (CDR).

Interns do not have to wait until their MS degree has been posted to their official university transcript to receive a Verification Statement. Instead, the ASU Registrar can clear the student for graduation, which indicates that all graduate degree requirements have been completed. The ASU Registrar’s office can provide this documentation, if needed.

To successfully complete the ASU Non-Degree Dietetic Internship Program practicum requirements, interns must receive the following:
- passing grades on all assignments
- all rotation evaluation forms completed and signed by Preceptors
- satisfactory or higher ratings on all evaluated RDN competencies
- All work must be completed and competencies met within 150% of the 8-month schedule for completion (12 months)

Upon completion of all of these requirements, interns will be provided with a Verification Statement indicating their eligibility to sit for the Registration Examination for Dietitians administered by the Commission on Dietetic Registration (CDR).
EVALUATION PROCEDURES

Definition of Terms

**DI Director:** Christina Shepard, MS, RDN, FAND
Nutrition Program
Arizona State University

**Assistant DI Director:** Sandra Mayol-Kreiser, RDN, PhD, CNSC
Nutrition Program
Arizona State University

**Site Director:** The RDN or Manager that is the main supervisor of the intern during their assigned rotations throughout the time they are at a specific site.

**Preceptor:** The supervisor (usually an RDN) that the intern reports to during a specific day/week/topic of each rotation. At some sites, the Preceptor and the Site Director may be the same.

**Rotation Curriculum and Evaluation – Guidelines**

Interns will be evaluated by the Site Director and/or Preceptors using various evaluation forms. These forms are designed to indicate areas with satisfactory performance and areas that need further practice and improvement. Each time an evaluation form is completed, the Preceptor should discuss it with the intern.

(See this Handbook Appendix for hard copies of the general evaluation forms and instructions.)

There is a Curriculum and Evaluation form for each rotation site during the ASU Dietetic Internship. This form lists planned experiences to fulfill each RDN competency and an evaluation section for each planned experience. These activities are linked to each ACEND DI competency. During each rotation topic (typically 1-2 weeks long), preceptors will evaluate interns using the Curriculum and Evaluation form. The staff performing the evaluation will use the guidelines on the form and review it with the intern. Preceptors will also evaluate interns during interview and counseling sessions, group presentations, and upon completion of special projects using specific evaluation forms. At the end of all rotations at a site, the Site Director will complete an Intern Professional Attributes Evaluation form. The Site Director will use the guidelines on the form and review it with the intern.

The ASU Dietetic Internship program uses an online evaluation system called E*Value. The electronic evaluations are the same as the previously used paper evaluations in terms of content. Site Directors and/or Preceptors need to rate the intern on each suggested learning experience – or may select N/A if that experience is not being completed by the intern. There is also a place for comments at the end of each evaluation form. Approximately one week prior to an intern visiting a specific site, the Site Director and/or Preceptors will receive an automated email from the E*Value system that is addressed from the ASU Internship Coordinator Amanda Kling, amanda.kling@asu.edu or Tina Shepard, christina.shepard@asu.edu. This email notifies the Site Director and/or Preceptors that there are evaluations/curriculum they can access. The link in the email will send the Site Director and/or Preceptors to a queue of evaluations for the intern and a user name or password is not needed. The evaluator just needs to click on the link in the email and they will be able to see the evaluations ready to complete during or at the end of the intern’s rotation.

The Site Director and/or Preceptors can complete the entire evaluation or just a part of the evaluation form or save it to complete later. The Site Director and/or Preceptors can also forward the email link to any other preceptors who are working with the intern and they can complete parts of the same evaluation form and save it. When the evaluation is complete, it will need to be submitted by selecting the option labelled “Submit”.

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**Site Director:** The RDN or Manager that is the main supervisor of the intern during their assigned rotations throughout the time they are at a specific site.

**Preceptor:** The supervisor (usually an RDN) that the intern reports to during a specific day/week/topic of each rotation. At some sites, the Preceptor and the Site Director may be the same.
During the rotation, interns can send other evaluations as needed for any projects, presentations, etc. E*Value will notify the Site Director and/or Preceptors with an email from Amanda Kling or Tina Shepard that they have an evaluation to complete. Once evaluations are completed, the dietetic intern will be notified and they can see the ratings they earned with any comments.

The following evaluation forms are automatically sent to Site Director and/or Preceptors a week prior to the rotation:

- Curriculum and Evaluation
- Professional Attributes

These evaluation forms can be sent to preceptors by the intern as needed:

- Project Evaluation
- Presentation Evaluation
- Interviewing and Counseling Evaluation
- Case Study Evaluation

Clinical Study Guides and Quizzes

The purpose of the clinical study guides is to review and become familiar with pertinent information needed to successfully complete the clinical rotations. The first required study guides should be completed and submitted via the NTR 580 course Blackboard site prior to starting clinical rotations. Due dates for study guides and quizzes will be determined each year. Interns are encouraged to discuss the study guides with their clinical preceptors and make any necessary changes to the study guides. Upon completion of each study guide, dietetic interns are required to take an online quiz on each subject. The purpose of the online quizzes is to evaluate learning and to prepare interns for their clinical rotations. Interns need to successfully complete the quiz with at least an 80% passing score. If an intern does not get a passing score on their first try, they will have one more opportunity to retake the quiz. If the intern does not pass the quiz with at least an 80% passing score on their second try, they will need to meet with the Assistant Internship Director and go over clinical material before retaking the quiz again. All study guides and quizzes need to be completed before the completion of clinical rotations to successfully pass the clinical rotations.

Written Assignments

Any written assignments should be reviewed by the Preceptor prior to the completion of the rotation. The Preceptor may require revisions, as he/she deems necessary. When an assignment has been completed to the Preceptor’s satisfaction, the assignment should be given to the Site Director and placed in the intern’s file. At the end of all rotations at a specific site, all assignments should be sent to the DI Director. All assignments should be evaluated by preceptors on a pass/fail basis, with notification of a failing evaluation given to the intern within one week. If the intern fails the assignment he/she will be given one chance to rework the assignment for a passing evaluation.

Intern Evaluation of Rotations

At the end of each rotation the intern will evaluate his/her experiences in the rotation. The evaluation is designed to indicate the strengths and weaknesses of the rotation, the Preceptors, Site Director, any other staff, and the facility. These evaluation forms are submitted in the E*Value system for review by the DI Directors. The forms will be reviewed at the end of the DI program and used as a basis of discussion during the Annual Review of the Program Meeting. This annual review between the DI Director and Site Director/Preceptors usually occurs by email or phone call and serves to continually improve the dietetic internship experiences.

Intern Tracking of Rotation Hours

At the end of each day, the intern will keep track of supervised practice hours in their rotation. The tracking forms will be completed by the intern either online in the E*Value system or using a hard copy. If a hard copy is used, it must be submitted to the DI Director who will place it into a rotation evaluation file. These forms are reviewed by the DI Directors and used to document completion of supervised practice hours in the professional setting.
Grading

At the end of each semester, interns will be assigned a grade based upon their assignments and evaluation forms. This grade will be recorded in the Arizona State University system as a grade for NTR 580, Practicum.

**DIETETIC INTERNSHIP RETENTION AND REMEDIATION POLICY**

Interns must receive passing evaluation scores on all required ACEND DI Competencies. Efforts will be made by preceptors and the DI Directors to assist, encourage, and support an intern to improve their skills, knowledge, and performance in order to achieve this minimum accepted level. Interns are expected to let the DI Directors and preceptors know if they are struggling in their rotation. If an intern is struggling in a rotation and/or is danger of failing a rotation, the DI Directors should be made aware by the preceptor as soon as possible and counseling will be provided for the intern.

If an evaluation indicates an intern may not be successful at a rotation or if a rotation is not successfully completed, the intern will be on probationary status. An individualized improvement plan will be developed by the preceptor/s and DI Director and the intern may:

- Be assigned additional assignments by the rotation preceptor and/or DI Director.
- Repeat portions of the failed rotation, or possibly the rotation in its entirety at the same rotation site or an equivalent site. Rotations can be repeated during vacation/weekends/holidays or by extending the internship by the length of the failed rotation after the regular internship end date. The preceptor and the DI Director must approve the schedule for a repeat rotation.

Copies of written probationary status letters and individualized improvement plans will be stored in the intern files. If the intern does not successfully complete the repeated rotation, the intern may be subject to disciplinary action or termination from the program.

Interns with minimal chances of success in the program will be counseled into career paths that are appropriate to their ability.

**Disciplinary/Termination Procedures**

1. If a dietetic intern exhibits behavior requiring disciplinary action a written warning will be given and a conference will be held with the intern and preceptor if the action occurred at a rotation site. Specific steps to ameliorate the identified problems within a designated period of time are a necessary outcome of this conference. Performance will be re-evaluated after expiration of the designated time period.
2. If the intern receives three written warnings for any reason; such as unprofessional behavior, inappropriate dress, excessive missed days/tardiness, etc. the intern may be terminated from the program.
3. Other examples of possible causes for disciplinary actions/termination include:
   a) Being under the influence of either drugs or alcohol while on the job (may result in immediate termination).
   b) Harassing, threatening, intimidating or assaulting (physically or verbally) any person while in the internship program (may result in immediate termination).
   c) Theft of property.
   d) Failure to follow direction of an immediate supervisor/preceptor.
   e) Unexcused absences.
   f) Repeated absences or tardiness.
   g) Failure to perform assigned tasks or not completing assignments.
   h) Misconduct, inappropriate behavior, arguing with the medical staff, supervisor, or preceptors.
   i) Failure to complete graduate course work or case studies.
   j) Disrespectful behavior towards preceptors, faculty, professional staff, or other students.
   k) Not showing up for a scheduled rotation.
   l) Quitting the internship program.
4. The decision to dismiss an intern from the ASU Internship Program lies with the Dietetic Internship Directors.
POLICY ON PRIOR LEARNING AND SUPERVISED PRACTICE EXPERIENCE

The Arizona State University Dietetic Internship MS-degree and Non-degree tracks do not allow exemption from any dietetic internship rotations, supervised practice hours, or assignments because of prior education courses or experiences.

POLICY ON REPLACEMENT OF EMPLOYEES

Supervised practice is for educational purposes only and is not intended to replace facility employees, except as planned to demonstrate competence/planned learning experiences. Dietetic intern supervised practice experiences will adhere to competency attainment as described in the curriculum and work assignments should be for the purpose of education, i.e., mastery of techniques and reinforcing knowledge. All preceptors are to adhere to the rotation schedules and learning activities as provided by the DI Director and Site Supervisor.

PROTECTION OF PRIVACY POLICY

Arizona State University Nutrition Program Dietetic Internship files are kept in secured file cabinets and locked in the DI Director’s office. All information in the file is private and confidential except for projects the intern has completed, which may be disseminated among our faculty and other interns for educational purposes. The ASU Dietetic Internship Directors have access to interns’ confidential Nutrition Program Internship files. Interns have the right to review their personal Dietetic Internship file upon request.

GRIEVANCE PROCEDURES

Grievances against ASU DI Directors, or grades received in NTR 580 will follow the procedures for grievances outlined in the College of Health Solutions Student Handbook, available here:
https://chs.asu.edu/sites/default/files/chs_undergraduate_student_handbook_20171106.pdf

If an intern has a grievance against a Site Director, Preceptor, another rotation site staff member, or the content or process of an experience, the following steps should be taken:

1. The intern should make a good faith effort to resolve the matter with the precepting faculty involved.
2. If the intern’s efforts with precepting faculty do not resolve the concern, and if the student wishes to pursue resolution of the disagreement further, the intern can discuss the matter with the DI Directors.
3. If the disagreement is not successfully mediated by interactions with the DI Directors the intern may file a formal complaint against the DI Directors and/or ASU DI Program. This complaint will be presented to the Associate Director of the ASU Nutrition Program.
4. If the intern's formal complaint is not resolved by the Associate Director of the ASU Nutrition Program, the intern may file a grievance against the DI Directors with the ASU College of Health Solutions.
5. If all of the above avenues have been exhausted without resolution, the intern is advised to contact the Accreditation Council for Education in Nutrition and Dietetics (ACEND). See below for more information.
6. After culmination of the grievance process the intern may continue in the program with no retribution.

Complaints about Programs

The Accreditation Council for Education in Nutrition and Dietetics (ACEND) has established a process for reviewing complaints against accredited programs in order to fulfill its public responsibility for assuring the quality and integrity of the educational programs that it accredits. Any individual, for example, student, faculty, dietetics practitioner and/or member of the public may submit a complaint against any accredited program to ACEND. However, the ACEND board does not intervene on behalf of individuals or act as a court of appeal for individuals in matters of admissions, appointment, promotion or dismissal of faculty or students. It acts only upon a signed allegation that the program may not be in compliance
with the Accreditation Standards or policies. The complaint must be signed by the complainant. Anonymous complaints are not considered.

A copy of the accreditation standards and ACEND’s policy and procedure for submission of complaints may be obtained by contacting the Education and Accreditation staff at the Academy of Nutrition and Dietetics at 120 S. Riverside Plaza, Suite 2190, Chicago, Illinois 60606, by calling 1-800-877-1600 extension 5400, emailing acend@eatright.org, or on the ACEND website at: http://www.eatrightpro.org/resources/acend/public-announcements/filing-a-complaint Written complaints should be mailed to the Chair, Accreditation Council for Education in Nutrition and Dietetics at the above address.

POLICIES ON VACATION/HOLIDAYS/LEAVES/ATTENDANCE

Interns in the DI program will follow the holiday schedule set by Arizona State University. During the DI practicum, the interns will typically have two-three weeks of Christmas vacation plus approximately five other holidays (Interns will not have vacation during ASU’s Spring Break). The holiday schedule is published up to three years in advance in the ASU General Catalog. The DI schedule will be updated each semester and given to the intern and each practice facility. Other religious holidays may be honored with the approval of the DI Directors. Approval for the holiday must be gained prior to that holiday.

Holiday Schedule for ASU Dietetic Internship
*Labor Day
*Veteran’s Day
*Thanksgiving week
*2-3 weeks vacation in December for Christmas and New Years
*Martin Luther King Day

Policy for Intern Absence/Sick Leave

1. Absences from assigned rotations are acceptable in cases of medical necessity or unexpected emergencies
   a. Interns are allowed a total of 2 sick days during the internship program.
   b. Interns will be required to make up hours missed when the Site Director, Preceptor and/or DI Directors deem it necessary to complete the objectives of the rotation.
   c. For rotations less than two weeks long, all days missed must be made up per rotation site.
   d. Any leave in excess of two days (other than illness) will need to be approved by the DI Directors on a case by case basis.
   e. Weekends and vacation days may be used to complete missed days, per rotation site.
2. Interns are also allowed three days in the event of the death of an immediate family member. The intern must bring documentation such as the memorial card to the Internship. Days missed may still need to be made up.
3. Interns must immediately contact their Site Director and any other preceptors they are currently assigned to when calling in sick. The intern must also notify the DI Director of the absence from the rotation and note it on their time log.
4. It is the responsibility of the intern to arrange and complete any missed days. Any missed days not completed within six weeks of the end of the internship program means the intern did not successfully complete the Dietetic Internship Program.
5. If an intern gets injured while at an affiliating agency, he/she must report the injury to the Site Director/Preceptor immediately and to the DI Director. (See Unusual Occurrence Policy below.)
6. Interns participate in the internship at their own risk and are not covered by Worker's Compensation.
7. Interns are responsible for tracking individual supervised practice hours in a professional work setting and submit documentation to the DI Directors via online system.

Interns are scheduled for a minimum of forty hours per week at their rotation site. Extra project work will require interns to use off-duty time. Interns are expected to be punctual and available throughout the rotation. The Site Director and/or DI Directors shall handle all rescheduling. All absences and reasons for
Absences should be noted on the Intern Professional Attributes evaluation form and the time log. All assignments and projects must be completed by the given deadlines.

If an intern must be absent for an extended period of time for illness, pregnancy or adoption leave, or a personal crisis, he/she will be given a grade of incomplete in NTR 580 for that semester. With approval by the DI Directors, the intern will be given additional time to complete that semester's work or be dropped from the program. This extra time can be up to 150% of the 2-year schedule for MS-DI track completion (3 years) or 150% of the 8-month schedule for non-degree track completion (12 months).

Unexcused absences are not acceptable and are subject to disciplinary action.

Dietetic Interns are also expected to attend two professional meetings to enhance their professional development and expose them to professional networking. Interns usually attend two meetings of the Arizona Academy of Nutrition and Dietetic-Central District. These are typically evening meetings and are in addition to regular supervised hours. Special approval from preceptors and DI Directors is required for attendance at other non-mandated workshops, conferences and meetings the dietetic intern wishes to attend.

### UNUSUAL OCCURRENCE POLICY AND LIABILITY

An unusual occurrence is any event of which a preceptor is made aware and that has potential to result in harm to a dietetic intern. If a dietetic intern gets sick or has an unusual occurrence during their rotation and needs assistance, the dietetic intern is responsible for informing the preceptor of the occurrence as soon as possible after the occurrence. The preceptor and the dietetic intern must document such occurrences.

It is the dietetic intern’s responsibility to arrange for immediate care whether is to the Arizona State University Student Health Services or the intern’s healthcare provider of choice. The dietetic intern is responsible for all healthcare costs for her/himself incurred in treatment of said injury. The intern’s healthcare costs cover both immediate care and any necessary follow-up care. The University is not financially responsible for any costs incurred by the student.

The dietetic intern needs to complete a Report of Unusual Occurrence form that may be obtained from the ASU DI Directors, completed, then forwarded to the appropriate Program Director for review. In addition, one copy of the report is to be kept by the dietetic intern, and one copy is to be kept in the intern’s file in the program office. If the dietetic intern or person harmed declines immediate care or referral for follow-up care, this declination is to be noted on the Report of Unusual Occurrence form under ‘Other’, with an explanation. If the dietetic intern does not want to sign the form, the preceptor should complete it, note that the intern has refused to sign, and provide the intern with a copy.

Upon notification by the dietetic intern of an unusual occurrence that involves potential or actual harm to the intern, another person, or to agency product/property, the preceptor will meet with the student to determine the nature of the occurrence. The preceptor will then contact the DI Directors to complete the appropriate agency incident report. The original is given to the student and one copy is kept in the Program Director’s office.

Arizona State University, the College of Health Solutions, the School of Nutrition and Health Promotion, and Dietetic Internship Program are not liable for any injury or accident occurring during travel to and from assigned rotation sites, meeting locations, etc. Dietetic interns are to be covered under a personal liability/auto insurance for daily travel to and from assigned rotations and experiences.

### PROGRAM WITHDRAWAL POLICY

Arizona State University Dietetic Interns may withdraw at any time from ASU and from the Dietetic Internship. Withdrawal is immediate. The intern cannot return to the program after withdrawal. Withdrawal is defined as leaving the program permanently.
For the ASU Registrar’s Academic Calendar for all Registration and Withdrawal deadlines, see: [http://students.asu.edu/academic-calendar](http://students.asu.edu/academic-calendar)

For ASU Graduate Student Withdrawal Policies, see: [https://graduate.asu.edu/key-policies](https://graduate.asu.edu/key-policies)

For ASU’s policy on tuition refunds, see: [https://students.asu.edu/tuitionrefundpolicy](https://students.asu.edu/tuitionrefundpolicy)

For information about Medical or Compassionate Withdrawal, see: [http://students.asu.edu/forms/medical-compassionate-withdrawal-request](http://students.asu.edu/forms/medical-compassionate-withdrawal-request)

If an intern withdraws from either track of the ASU Dietetic Internship Program, ASU tuition may be refunded based on ASU’s tuition refund policy (see above). No refunds will be given for application fees, computer-matching fees, or for other costs incurred to prepare for supervised practice, such as for required immunizations, insurance, TB tests, etc.

### ATTIRE AND APPEARANCE POLICIES

Interns must follow established dress code policies set by each supervised practice facility they are assigned to.

The following general policies apply to all ASU dietetic interns:

1. Interns are expected to be neat and clean, taking pride in personal grooming to reflect concern and respect for patients, clients, preceptors, and others the intern works with.
2. Lab coats or scrubs can be used if required in the clinical facility.
3. Dress is business casual. No jeans, revealing clothing, form-fitting leggings/yoga pants, short skirts, bare midriffs or athletic wear is allowed.
4. Shoes must have closed toes and closed heels.
5. Name badges must be worn at all times when on duty.
6. Preceptors have the right to determine if the attire worn is consistent with the image desired. During food service rotations, hair covering, minimal jewelry, and no artificial fingernails may be required.

### GENERAL INTERN EXPECTATIONS

Interns enrolled in the Arizona Dietetic Internship Program are expected to follow all policies and procedures and expectations as listed below. Failure to follow policies and procedures may result in disciplinary action including termination of the program.

Responsibilities of the intern:

1. Interns need to be familiar with all policies and procedures and refer to them to answer policy and procedure questions.
2. Interns need to complete learning experiences, study guides, readings, written assignments, and projects by due dates.
3. Interns are expected to be punctual and available through the rotation.
4. Interns are expected to behave in a manner consistent with the Academy of Nutrition and Dietetics Code of Ethics at all times (see Appendix).
5. Interns are expected to represent ASU in an appropriate manner and with an appropriate appearance.
6. Interns are expected to prepare before each rotation by reading required texts and articles and by completing study guides prior to each rotation.
7. Interns are expected to maintain confidentiality of all information discussed within their rotation.
8. Interns are expected to communicate with their preceptors and DI Directors throughout each rotation.
9. Interns are expected to inform preceptors and DI Directors of any change in his/her schedule in a timely manner and to accept program changes that may arise.
10. Interns are expected to maintain a positive and hard-working attitude.

Responsibilities of the DI Directors:

1. Orient the intern to the DI Program.
2. Ensure adequate training of preceptors and coordinate learning experiences and projects for each rotation.
3. Develop schedules for the DI program, organize rotations and plan class days.
4. Monitor and evaluate intern’s progress in each rotation.
5. Ensure that all interns are meeting Accreditation Council for Education in Nutrition and Dietetics core competencies.
6. Serve as a role model and mentor.
7. Serve as an advocate for the intern when appropriate and justified.
8. Act as a liaison between the preceptor and intern as needed.
9. Develop partnerships with outside organizations that strengthen the program.
10. Develop and enforce policies and procedures.
11. Direct the selection and procession of new interns.
12. Maintain currency in education and training and revise the program as needed to ensure interns are training in current dietetics skills.
13. Be involved in Academy of Nutrition and Dietetics (formerly American Dietetic Association) activities that strengthen the quality of the dietetic internship program.
14. Maintain the program’s accreditation with the Accreditation Council for Education in Nutrition and Dietetics (ACEND), formerly known as the Commission on Accreditation for Dietetics Education (CADE).

**Code of Ethics for the Profession of Dietetics Fundamental Principles**

The dietetics practitioner:
1. Conducts himself/herself with honesty, integrity and fairness.
2. Supports and promotes high standards of professional practice and accepts the obligation to protect clients, the public and the profession by upholding the Code of Ethics and reporting perceived violations of the Code.

**Responsibilities to the public**
3. Considers the health, safety and welfare of the public at all times.
4. Complies with all laws and regulations applicable or related to the profession or to the practitioner’s ethical obligations as described in the Code.
5. Provides professional services with objectivity and with respect for the unique needs and values of individuals.
6. Does not engage in false or misleading practices or communications.
7. Withdraws from professional practice when unable to fulfill his/her professional duties and responsibilities to clients and others.

**Responsibilities to clients**
8. Recognizes and exercises professional judgment within the limits of his/her qualifications and collaborates with others, seeks counsel, or makes referrals as appropriate.
9. Treats clients and patients with respect and consideration.
10. Protects confidential information and make full disclosure about any limitations on his/her ability to guarantee full confidentiality.
11. In dealing with and providing services to clients and others, complies with the same principles set forth above in principles 3-7.

**Responsibilities to the profession**
13. Presents reliable and substantiated information and interprets controversial information without personal bias, recognizing that legitimate differences of opinion exist.
14. Assumes a life-long responsibility and accountability for personal competence in practice, consistent with accepted professional standards, continually striving to increase professional knowledge and skills, and to apply them in practice.
15. Is alert to the occurrence of a real or potential conflict of interest and takes appropriate action whenever a conflict arises.
16. Permits the use of his/her name for the purpose of certifying the dietetics services have been rendered only if he/she has provided or supervised the provision of those services.
17. Presents professional qualifications and credentials accurately.
18. Does not invite, accept, or offer gifts, monetary incentives or other considerations that affect or reasonably give an appearance of affecting his/her professional judgment.

**Responsibilities to colleagues and other professionals**
Scope of Practice:

Scope of practice in nutrition and dietetics encompasses the range of roles, activities and regulations within which nutrition and dietetics practitioners perform. For credentialed practitioners, scope of practice is typically established within the practice act and interpreted and controlled by the agency or board that regulates the practice of the profession in a given state.

ASU Student Conduct

Students are required to adhere to the behavior standards listed in Arizona Board of Regents Policy Manual Chapter V – Campus and Student Affairs Part C: Code of Conduct (http://www.abor.asu.edu/1_the_regents/policymanual/chap5/) and ACD 125: Computer, Internet, and Electronic Communications (http://www.asu.edu/aad/manuals/acd/acd125.html).

Academic Integrity

The highest standards of academic integrity are expected of all students. The failure of any student to meet these standards may result in suspension or expulsion from the university. Violations of academic integrity include, but are not limited to, cheating, fabrication, tampering and plagiarism.

See: ASU Student Academic Integrity Policy http://www.asu.edu/studentaffairs/studentlife/judicial/academic_integrity.htm

Sanctions: http://provost.asu.edu/academicintegrity/policy/Sanctions
An instructor, academic supervisor, or committee responsible for evaluation may impose any of the following sanctions for academic dishonesty:

- Reduced or failing grade for assignment,
- Reduced or failing grade for course, or
- Reduced, failing grade, or no credit for other academic evaluation (e.g., clinical training, comprehensive exam, thesis, dissertation).
- Within 10 days after an instructor-imposed sanction is assigned, the student may appeal the sanction to the Dean or Director.

Additionally, an instructor, academic supervisor, or committee responsible for academic evaluation may recommend other or additional sanctions to the Dean or Director, including assignment of the grade of XE and withdrawal of credit for a previously accepted course or requirement.

Title IX: Title IX is a federal law that provides that no person be excluded on the basis of sex from participation in, be denied benefits of, or be subjected to discrimination under any education program or activity. Both Title IX and university policy make clear that sexual violence and harassment based on sex is prohibited. An individual who believes they have been subjected to sexual violence or harassed on the basis of sex can seek support, including counseling and academic support, from the university. If you or someone you know has been harassed on the basis of sex or sexually assaulted, you can find information and resources at http://sexualviolenceprevention.asu.edu/faqs/students.

Note that, as a mandated reporter, we are obligated to report any information we become aware of regarding alleged acts of sexual discrimination, including sexual violence and dating violence. ASU Counseling Services, https://eoss.asu.edu/counseling, is available if you wish to make a confidential disclosure or discuss privately.

Accommodations for Disabilities

The Americans with Disabilities Act (ADA) is a federal antidiscrimination statute that provides comprehensive civil rights protection for persons with disabilities. One element of this legislation requires that all qualified students with documented disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you believe you have a disability requiring an accommodation please contact the Disability Resource Center (DRC) at 602.496.4321 (v) / 602.496.0378 (tty), or by emailing DPCDisability-Q@asu.edu.

Eligibility and documentation policies online: http://www.asu.edu/studentaffairs/ed/drc/
Arizona State University Dietetic Internship Program
Dietetic Internship Handbook Acknowledgement Form

I hereby agree that I have read the Dietetic Internship Program Handbook and fully understand the material included. Any questions should be discussed with the Dietetic Internship Directors before or during Orientation Week.

Printed Name:_______________________________________

Signature:___________________________________________

Date Signed:_________________________________________

Please turn in on the first day of the internship.


Code of Ethics for the Profession of Dietetics

I ______________________, am a Dietetic Intern in the Nutrition Program at Arizona State University. I have read the Code of Ethics for the Profession of Dietetics, I understand its guidelines, and I agree to uphold its ethical principles. As a Member of the Academy of Nutrition and Dietetics and as a future ACEND-credentialed dietetics practitioner, I agree to abide by the Code.

_____________________
Signature

___________________
Date
HIPAA Confidentiality Statement

Arizona State University
School of Nutrition and Health Promotion

Student Name (Print): ________________________________

The discussions, uses and disclosures addressed by this agreement mean any written, verbal or electronic communications. All Patient Protected Health Information (PHI), which includes patient medical and financial information or any other information of a private or sensitive nature that are considered confidential.

I understand that I am never to discuss or review any information regarding a patient at a clinical site unless the discussion or review is part of my assignment to the site. I understand that I am obligated to know and adhere to the privacy policies and procedures of the clinical site to which I am assigned. I acknowledge that medical records, accounting information, patient information and conversations between or among healthcare professionals about patients are confidential under law by this HIPAA Confidentiality Statement and by law.

I understand that, while in the clinical setting or at any other time or location I may not disclose any information about a patient during the clinical portion of my clinical assignment to anyone other than staff of the clinical site and my instructor.

I understand that I may not remove any record from the clinical site without authorization of the site. Additionally, I understand that, before I use or disclose patient information in a learning experience, classroom, case presentation, class assignment or research, I must attempt to exclude as much of the PHI as possible.

Additionally, I acknowledge that any patient information, whether or not it excludes some or all of the PHI, may only be used or disclosed for health care training and educational purposes at Arizona State University and must otherwise remain confidential.

I understand disclosure of PHI or other confidential information may result in clinical, civil and criminal liability. Disclosure of PHI or other confidential information to unauthorized person (s), or access to, or misuse, theft, destruction, alteration, or sabotage of such information, is grounds for immediate disciplinary action by Arizona State University and/or the clinical site I was at during the time the violation was made.

I understand that I must promptly report any violation of the clinical site’s privacy policies and procedures, applicable law, or this confidentiality agreement, by me, or an ASU School of Nutrition and Health Promotion student or faculty member to the appropriate ASU program director.

I hereby acknowledge, by my signature below, that I understand that the PHI, other confidential records and data to which I have knowledge and access in the course of my clinical studies with Arizona State University is to be kept confidential, and this confidentiality is a condition of my clinical experience. This information shall not be disclosed to anyone under any circumstances, to the extent necessary to fulfill my clinical and classroom requirements. I understand my duty to maintain confidentiality continues even after I am no longer in clinical or classroom settings at Arizona State University.

I am familiar with the guidelines in place at Arizona State University and in my clinical settings pertaining to the use and disclosure of patient PHI or other confidential information. Approval should first be obtained before any disclosure of PHI or other confidential information not addressed in the guidelines and policies and procedures of Arizona State University and clinical sites is made.

This form needs to be returned to the ASU Nutrition Program Dietetic Internship Directors in the School of Nutrition and Health Promotion.

Signed: ____________________________________________ Date: __________

Approved by ASU General Counsel: 1/12/2004
ASU Dietetic Internship Case Study Guidelines

A minimum of one clinical Case Study must be completed by each intern during the ASU Dietetic Internship program.

OUTLINE FOR CASE STUDY
This outline is to be used as a guide for the development of your case study. Each major topic needs to be addressed, but the orders and details can be changed to fit the specific case. All case studies should be typed and prepared for oral presentation. A PowerPoint presentation is required.

I. General information:
   • Patient’s initials
   • Patient’s age
   • Nationality
   • Status in life - job title, marital status

II. Report on Admission
   • Date of admission
   • Present illness - onset, duration
   • Diagnosis
   • General condition upon admission
   • General orders- diet, medication, drugs, etc.

III. Special history
   • Past Medical History
   • Family History
   • Social conditions affecting health - economic, familial, emotional, and/or psychological

IV. Discussion of disease or condition
   • History
   • Incidence
   • Etiology
   • Symptoms (Identify those reversible with nutritional intervention.)
     - Clinical
     - Pathological
   • Treatment (Discuss those applicable) - medical, surgical, chemotherapy, dietary
   • Prognosis

V. Nutrition Care Process
   • Nutrition Assessment
     o Anthropometric Data
     o Pertinent Laboratory- explain what the value indicates, give normal ranges and bold abnormal values
     o Clinical Signs and symptoms
     o Dietary History and/or dietary recall
     o Medications and potential drug and nutrient interaction
     o Estimated nutritional needs
   • Nutrition Diagnosis (PES Statement)
   • Nutrition Intervention with goals
   • Nutrition Monitoring and Evaluation with goals

VI. Progress of this patient
   • Medical and/or surgical treatment - List long-term complications
   • Dietary treatment - Indicate and discuss any limitations the prescribed diet may have in terms of allowable foods.

VII. Summary

VIII. Bibliography
Evaluation Form Procedures – MS and Wellness Tracks

Arizona State University
Dietetic Internship

These evaluation forms should be completed by Preceptors using the E*Value online system for the following rotations. If preceptor prefers, they may use paper evaluation forms (which should be scanned and emailed to Tina Shepard).

1) Clinical rotation:
   - 1 Curriculum and Evaluation form, specific to hospital rotation
   - 1 Professional Attributes form from RD Site Manager (each preceptor you work with may also complete this form, if they wish, and give it to the RD Site Manager)
   - Interviewing and Counseling Evaluation forms – at least 3, with passing scores of 32 or higher.
   - 1 Group Presentation Evaluation form for any presentation that intern gives, except Case Study presentation (in-services, etc.)
   - At least 1 Case Study presentation form (each RD/DTR attendee of your case study presentation should be offered a paper form to complete following your presentation).
   - Project Evaluation form, only if a special project has been assigned (such as creation of a brochure, patient handouts, etc.)

2) Food Service Management rotation (and school lunch rotation):
   - 1 Curriculum and Evaluation form, specific to food service rotation
   - 1 Professional Attributes form from VA DI Coordinator (each preceptor you work with may also complete this form, if they wish, and give it to the VA DI Coordinator)
   - Group Presentation Evaluation form for any presentation that intern gives (in-services, etc.)
   - Project Evaluation form, only if a special project has been assigned (such as creation of a brochure, bulletin board, etc.)

3) Other 1-2 week rotations: (such as WIC, AZ Dept. of Health, etc.):
   - 1 Curriculum and Evaluation form, specific to rotation site
   - 1 Professional Attributes form from Supervising Preceptor
   - Group Presentation Evaluation form, only if a presentation is given by intern
   - Project Evaluation form, only if a special project has been assigned

5) Enrichment:
   - 1 Professional Attributes form from Supervising Preceptor
   - Group Presentation Evaluation form (only if a presentation is given by intern)
   - 1 Project Evaluation form, for the special project completed during enrichment rotation

(Note: Intern is required to complete an “Intern Evaluation of Rotation” form for each rotation site and give directly to Internship Director or complete in the E*Value system.)
Please evaluate interns’ professional attributes. A score of 1 or 2 will require a written corrective action plan.

<table>
<thead>
<tr>
<th>Attribute</th>
<th>Exceeds Expectations (4)</th>
<th>Meets Expectations (3)</th>
<th>Needs Improvement (2)</th>
<th>Does Not Meet Expectations (1)</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Assertiveness/ Negotiation Skills</td>
<td></td>
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<td></td>
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<tr>
<td>Work Ethic/ Dependability/ Responsibility</td>
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<tr>
<td>Initiative/ Risk Taking</td>
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<tr>
<td>Flexibility</td>
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<tr>
<td>Leadership &amp; Management (Organizational Skills)</td>
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<tr>
<td>Response To Feedback</td>
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<tr>
<td>Time Management/ Work Prioritization</td>
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<tr>
<td>Communication</td>
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<tr>
<td>Critical Thinking/ Problem Solving</td>
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<tr>
<td>Collaboration/ Teamwork</td>
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<tr>
<td>Customer Focus/ Client Advocacy</td>
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</tbody>
</table>

Did the intern satisfactorily complete this rotation? (circle one)  YES  NO

Do you have ANY reservations about the advancement of this intern? YES  NO
If yes, please elaborate below.

Signatures:

__________________________________  ____________________
Preceptor                          Intern

Additional comments:
**ARIZONA STATE UNIVERSITY**
**DIETETIC INTERNSHIP PROGRAM**

**INTERVIEWING AND COUNSELING EVALUATION**

**Intern Name**

**Rotation/Site**

The purpose of this form is to identify an intern’s strengths and limitations in practice during progression toward meeting the standards for an entry-level dietitian.

- Of the following evaluation parameters, please select the number that best reflects your rating of the observed intern performance for each of the criteria listed.
- A comment section is provided at the end to elaborate on the intern’s strengths and areas for improvement.

<table>
<thead>
<tr>
<th></th>
<th>Excellent</th>
<th>5</th>
<th>Always applies self, integrates materials, and applies concepts.</th>
</tr>
</thead>
<tbody>
<tr>
<td>4</td>
<td>Good</td>
<td>4</td>
<td>Applies self, generally integrates materials, and/or applies concepts.</td>
</tr>
<tr>
<td>3</td>
<td>Adequate</td>
<td>3</td>
<td>Applies self and knows basic materials only as required.</td>
</tr>
<tr>
<td>2</td>
<td>Poor</td>
<td>2</td>
<td>Vaguely applies self and/or does not clearly grasp basic materials.</td>
</tr>
<tr>
<td>1</td>
<td>Unacceptable</td>
<td>1</td>
<td>Unprepared and/or unable to understand basic materials.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>COMPONENTS OF AN EFFECTIVE SESSION</th>
<th>SCALE OR SCORE</th>
<th>COMMENTS</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>PREPARES</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Reviews client/patient data.</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>Prepares environment, materials and teaching objectives.</td>
<td>4</td>
<td></td>
</tr>
<tr>
<td>Discusses plan with preceptor.</td>
<td>3</td>
<td></td>
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<tr>
<td></td>
<td>2</td>
<td></td>
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<tr>
<td></td>
<td>1</td>
<td></td>
</tr>
<tr>
<td><strong>BUILDS RAPPORT</strong></td>
<td></td>
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<tr>
<td>Introduces self, explains outline of session.</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>Uses eye contact and appropriate body language, modulates voice appropriately.</td>
<td>4</td>
<td></td>
</tr>
<tr>
<td>Practices active listening and displays empathy.</td>
<td>3</td>
<td></td>
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<tr>
<td>Appears comfortable with the client/patient and subject area.</td>
<td>2</td>
<td></td>
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<tr>
<td></td>
<td>1</td>
<td></td>
</tr>
<tr>
<td><strong>COLLECTS</strong></td>
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<tr>
<td>Gathers subjective information using open-ended and assessment questions.</td>
<td>5</td>
<td></td>
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<tr>
<td>Effectively brings client/patient back to nutrition topic.</td>
<td>4</td>
<td></td>
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<tr>
<td>Collects dietary intake data.</td>
<td>3</td>
<td></td>
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<tr>
<td>Verifies portions using food models.</td>
<td>2</td>
<td></td>
</tr>
<tr>
<td>Reviews and/or obtains anthropometric measurements as appropriate. Reviews and/or obtains diagnostic data as appropriate.</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td><strong>ASSESSES</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Develops intervention plan based on nutrition assessment and individual needs.</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>Assesses client/patient’s current knowledge and readiness to change.</td>
<td>4</td>
<td></td>
</tr>
<tr>
<td>Correctly assesses food records.</td>
<td>3</td>
<td></td>
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<tr>
<td></td>
<td>2</td>
<td></td>
</tr>
<tr>
<td></td>
<td>1</td>
<td></td>
</tr>
<tr>
<td><strong>LISTENING/EMPATHY SKILLS</strong></td>
<td></td>
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<tr>
<td>Reviews objective findings with client/patient and explains them in simple terms as they relate to nutrition.</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>Responds to cues from client/patient: addresses questions and concerns first. Acknowledges feelings such as anxiety as well as facts.</td>
<td>4</td>
<td></td>
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<tr>
<td>Deviates from own objectives as necessary.</td>
<td>3</td>
<td></td>
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<tr>
<td></td>
<td>2</td>
<td></td>
</tr>
<tr>
<td></td>
<td>1</td>
<td></td>
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<tr>
<td>COMPONENTS OF AN EFFECTIVE SESSION</td>
<td>SCALE OR SCORE</td>
<td>COMMENTS</td>
</tr>
<tr>
<td>-----------------------------------</td>
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<tr>
<td>RECOMMENDS</td>
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<tr>
<td>• Makes recommendations based on nutrition assessment.</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>• Avoids judgmental language such as, “You need to….”</td>
<td>4</td>
<td></td>
</tr>
<tr>
<td>• Offers anticipatory guidance if possible. “What to expect…”</td>
<td>3</td>
<td></td>
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<tr>
<td>• Avoids technical jargon by emphasizing food groups rather than nutrients.</td>
<td>2</td>
<td></td>
</tr>
<tr>
<td>• Individualizes education based on client/patient’s usual intakes, culture, lifestyle, and food preferences.</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>• Engages client/patient in demonstrating understanding, e.g.: circling preferences, writing goals. Checks for understanding, restates information.</td>
<td></td>
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<tr>
<td>SETS GOALS</td>
<td></td>
<td></td>
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<tr>
<td>• Allows client/patient to set goals and helps make them RUMBA:</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>• Reasonable: must have means to achieve, help determine roadblocks</td>
<td>4</td>
<td></td>
</tr>
<tr>
<td>• Understandable: worded in foods or activities</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>• Measurable: contain numbers with quantity, frequency vs. “increase.”</td>
<td>2</td>
<td></td>
</tr>
<tr>
<td>• Behavioral: contain activities such as cooking, shopping, tracking, planning</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>• Attainable: small steps to change behaviors.</td>
<td></td>
<td></td>
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<tr>
<td>CONCLUDES</td>
<td></td>
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<tr>
<td>• Makes referrals as needed.</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>• Summarizes by restating findings and goals.</td>
<td>4</td>
<td></td>
</tr>
<tr>
<td>• Plans next steps in clear and positive manner: e.g. to obtain more information</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>• Makes follow-up appointment as needed</td>
<td>2</td>
<td></td>
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<tr>
<td>FOLLOW-UP</td>
<td></td>
<td></td>
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<tr>
<td>• Documents session accurately and in timely manner.</td>
<td>5</td>
<td></td>
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<tr>
<td>• Reviews documentation and evaluation with supervising RDN.</td>
<td>4</td>
<td></td>
</tr>
<tr>
<td>TOTAL INTERN SCORE</td>
<td></td>
<td></td>
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</tbody>
</table>

Total possible score: 45  
Passing score (70%) 32 or above  
Failing score: 31 or below; intern must repeat the session

Comments:  
Intern’s area of strengths:  

Intern’s areas for improvement:  

Evaluator’s Signature ___________________________ Date ____________

Intern’s Signature ___________________________ Date ____________
PROJECT EVALUATION

Intern Name

Rotation/Site

The purpose of this form is to identify an intern’s strengths and limitations in practice during progression toward meeting the standards of competencies for an entry-level dietitian.

- Of the following evaluation parameters, please select the number that best reflects your rating of the observed intern performance for each of the criteria listed.
- A comment section is provided at the end to elaborate on the intern’s strengths and areas for improvement.

<table>
<thead>
<tr>
<th>Score</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>5</td>
<td>Excellent</td>
</tr>
<tr>
<td>4</td>
<td>Good</td>
</tr>
<tr>
<td>3</td>
<td>Adequate</td>
</tr>
<tr>
<td>2</td>
<td>Poor</td>
</tr>
<tr>
<td>1</td>
<td>Unacceptable</td>
</tr>
</tbody>
</table>

- Always applies self, integrates materials, and applies concepts.
- Applies self, generally integrates materials, and/or applies concepts.
- Applies self and knows basic materials only as required.
- Vaguely applies self and/or does not clearly grasp basic materials.
- Unprepared and/or unable to understand basic materials.

COMPONENTS OF AN EFFECTIVE PROJECT

<table>
<thead>
<tr>
<th>SCORE</th>
<th>COMMENTS</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>COMPONENTS OF AN EFFECTIVE PROJECT</th>
<th>SCORE</th>
<th>COMMENTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>PREPARATION</td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Assesses target population’s needs</td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Meets with preceptor for input on resources and expected outcomes</td>
<td></td>
<td></td>
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<tr>
<td>- Writes objectives of project, and reviews with preceptor</td>
<td></td>
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<tr>
<td>- Writes timeline of project steps, including periodic reviews of progress with preceptor</td>
<td></td>
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<tr>
<td>- Gathers timely and appropriate data and/or materials</td>
<td></td>
<td></td>
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<tr>
<td>PROJECT DEVELOPMENT</td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Takes initiative to identify new approach, methodology, resources, or partners</td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Handles logistics such as budget, copying, contacts, etc accurately and with minimal supervision</td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Accurately analyzes data or problem</td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Discusses rough draft and conclusions with preceptor, responsive to preceptor's feedback on objective, activities, and suggested changes</td>
<td></td>
<td></td>
</tr>
<tr>
<td>PRESENTATION</td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Presents oral or written project professionally</td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Identifies how this project might be replicated in other situations</td>
<td></td>
<td></td>
</tr>
<tr>
<td>TOTAL INTERN SCORE</td>
<td>___/15</td>
<td></td>
</tr>
</tbody>
</table>

Total possible score: 15
Passing score (70%) 11 or above
Failing score: 10 or below; intern must repeat the session

Comments:
Intern’s area of strengths:

Intern’s areas for improvement:

Evaluator’s Signature ___________________________ Date ________________
Intern’s Signature ___________________________ Date ________________
GROUP PRESENTATION EVALUATION

Intern Name _______________________

Rotation _______________________

The purpose of this form is to identify an intern’s strengths and limitations in practice during progression toward meeting the standards of competencies for an entry-level dietitian.

- Of the following evaluation parameters, please select the number that best reflects your rating of the observed intern performance for each of the criteria listed.
- A comment section is provided at the end to elaborate on the intern’s strengths and areas for improvement.

<table>
<thead>
<tr>
<th>Score</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>5</td>
<td>Excellent</td>
</tr>
<tr>
<td>4</td>
<td>Good</td>
</tr>
<tr>
<td>3</td>
<td>Adequate</td>
</tr>
<tr>
<td>2</td>
<td>Poor</td>
</tr>
<tr>
<td>1</td>
<td>Unacceptable</td>
</tr>
</tbody>
</table>

### Components of an Effective Presentation

<table>
<thead>
<tr>
<th>Component</th>
<th>Score</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>PREPARATION</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Identifies learner needs</td>
<td>☐ 5</td>
<td></td>
</tr>
<tr>
<td>Defines goal(s) and objective(s)</td>
<td>☐ 4</td>
<td></td>
</tr>
<tr>
<td>Logistics: Room set-up, sign-in list, arrange for AV equipment, etc.</td>
<td>☐ 3</td>
<td></td>
</tr>
<tr>
<td><strong>CONTENT</strong></td>
<td></td>
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</tr>
<tr>
<td>Gives introduction</td>
<td>☐ 5</td>
<td></td>
</tr>
<tr>
<td>Sequences presentation, logically-states purpose of presentation and uses good transition between sub-topics</td>
<td>☐ 4</td>
<td></td>
</tr>
<tr>
<td>Gives accurate information</td>
<td>☐ 3</td>
<td></td>
</tr>
<tr>
<td>Uses appropriate level of information and materials</td>
<td>☐ 2</td>
<td></td>
</tr>
<tr>
<td>Provides opportunity for questions</td>
<td>☐ 1</td>
<td></td>
</tr>
<tr>
<td>Reviews key points as conclusions</td>
<td></td>
<td></td>
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<tr>
<td><strong>COMMUNICATION</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Speaks clearly and distinctly with proper grammar and with enthusiasm</td>
<td>☐ 5</td>
<td></td>
</tr>
<tr>
<td>Maintains eye contact</td>
<td>☐ 4</td>
<td></td>
</tr>
<tr>
<td>Discerns audience receptivity and adjusts appropriately</td>
<td>☐ 3</td>
<td></td>
</tr>
<tr>
<td>Portrays confidence, sincerity and enthusiasm</td>
<td>☐ 2</td>
<td></td>
</tr>
<tr>
<td>Uses audio/visual aids appropriately to help strengthen/enhance the message of the presentation</td>
<td>☐ 1</td>
<td></td>
</tr>
<tr>
<td>Skills spontaneous and not mechanical</td>
<td></td>
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<tr>
<td>Covers information within the time limits</td>
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</tbody>
</table>

**TOTAL INTERN SCORE**  ____/15

Total possible score: 15
Passing score (70%) 10 or above; Failing score: 9 or below; intern must repeat the session

**Comments:**

Intern’s area of strengths:

Intern’s areas for improvement:

Evaluator’s Signature ______________________ Date ____________________

Intern’s Signature ______________________ Date ____________________
ARIZONA STATE UNIVERSITY DIETETIC INTERNSHIP
INTERN'S EVALUATION OF ROTATION

Site ___________________________________  Rotation ____________________________

Supervising RDN's Name ______________________  Academic Year ________________

Directions:
1. Circle the term, which best describe the Supervising RDN and then the overall Rotation.
2. Provide comments to clarify your evaluation. Comments required for areas given an evaluation of Average or Poor.
3. Return it to the DI Director within one week following completion of the rotation, if possible.

<table>
<thead>
<tr>
<th>Rate the following characteristics of the Supervising RDN</th>
<th>Excellent</th>
<th>Above Average</th>
<th>Average</th>
<th>Poor</th>
<th>NA</th>
</tr>
</thead>
<tbody>
<tr>
<td>Communication Skills</td>
<td></td>
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<tr>
<td>− Gets ideas across effectively &amp; gives appropriate feedback.</td>
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<tr>
<td>− States expectations clearly &amp; encourages intern participation.</td>
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<tr>
<td>Availability/Timeliness:</td>
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<tr>
<td>− Keeps appointments &amp; available for intern to discuss material.</td>
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<tr>
<td>− Meets deadlines for grading assignments and evaluations.</td>
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<tr>
<td>Organization</td>
<td></td>
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<tr>
<td>− Structures rotation so can learn material in an effective manner.</td>
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<tr>
<td>Encourages Learning</td>
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<tr>
<td>− Asks questions, gives examples to stimulate learning</td>
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<tr>
<td>− Receptive to intern's needs/questions.</td>
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<tr>
<td>Content</td>
<td></td>
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<tr>
<td>− Demonstrates knowledge of subject matter of rotation.</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Rate the following parts of the Rotation.</th>
<th>Excellent</th>
<th>Above Average</th>
<th>Average</th>
<th>Poor</th>
<th>NA</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overall Rating of Rotation</td>
<td></td>
<td></td>
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<td></td>
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<tr>
<td>Readings</td>
<td></td>
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<td></td>
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<tr>
<td>Assignment</td>
<td></td>
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<tr>
<td>Study Guide</td>
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</tr>
</tbody>
</table>

Objectives/Time - Were learning experiences sufficient/appropriate and was adequate time provided to cover objectives and subject area.  YES/NO

Which experiences/readings/assignments/didactic units facilitated the learning experience the most?

What could have been included to strengthen the experience?

OTHER COMMENTS:
Intern Name: _____________________________

ARIZONA STATE UNIVERSITY
DIETETIC INTERNSHIP
PROFESSIONAL MEETING ATTENDANCE VERIFICATION

During the ASU DI program, each intern is required to attend at least two Central-AZAND District meetings (or other RDN-related professional meetings, with DI Director’s approval). As members of Central-AZAND, you will receive notification of meetings from the email Listserv and in the Central-AZAND newsletter. Complete this form after each meeting as noted. After you have attended both meetings, turn this form into the DI Director. Most meetings are held in the late afternoon or evening hours. Time off from your rotation site should NOT be expected, although it can be arranged at the discretion of the Site Director and/or Supervising RDN.

MEETING #1
Date: _____________________________ Site: _____________________________
Speakers: _____________________________ Topic: _____________________________
Your Impressions:
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

MEETING #2
Date: _____________________________ Site: _____________________________
Speakers: _____________________________ Topic: _____________________________
Your Impressions:
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________