Master of Science in Exercise and Wellness
Master of Science in Clinical Exercise Physiology

GRADUATE STUDENT INFORMATION SHEET
AND
TA/RA APPLICATION FORM

Name: _______________________________________  Proposed Entry: Fall 20___
Undergraduate Major: ___________________________  Institution: _____________________________

Graduate Teaching and Research Assistantships (TA/RA) are the most common forms of financial support for
graduate students at ASU. Assistantships carry a monthly compensatory stipend for services rendered and
contribute to ASU’s teaching and research effort. Assistantship appointments cover all or part of graduate
tuition costs and health insurance. Students must be enrolled for a minimum of six credit hours each semester
(audit hours do not count towards the six hour minimum). MS student appointments are typically 20 hours a
week (1/2 time). Stipend amounts can vary according to the responsibilities of the position. Students who are
non-residents of Arizona and hold an assistantship pay tuition at the resident rate.

There are two assistantship categories:

Teaching Assistants have a primary responsibility in an instructional capacity. Services
provided by a graduate teaching assistant may include lecturing, leading discussion groups,
teaching laboratory sections, serving as assistants in laboratory classes, and grading tests and
papers.

Research Assistants are selected for excellence in scholarship and promise as researchers.
They do part-time research as a portion of their training under the direct supervision of regular
faculty members.

The Exercise and Wellness program has a limited number of TA/RA positions available each year. All
students admitted in the doctoral program are awarded a TA or RA position. Very few assistantships are
available for MS students in any one year. Typically, MS students are hired to teach physical activity courses.
Thus, all applicants must provide evidence of teaching experience, expertise and/or certifications. Selection
of TAs and their assignments is based on funding availability as well as meeting the needs of the
course and faculty.

Previous Coursework. Please put a check by any of the following courses that you have completed at either
the undergraduate or graduate level. Indicate the course name, prefix and number.

☐ Human Anatomy & Lab ____________________________ ☐ Human Physiology & Lab ____________________________
☐ General Chemistry & Lab ____________________________ ☐ Exercise Physiology & Lab ____________________________
☐ Kinesiology & Lab ____________________________ ☐ Human Nutrition (non majors) ____________________________
☐ Health Behavior Change ____________________________ ☐ Undergraduate Statistics ____________________________
☐ Exercise Prescription ____________________________ ☐ Exercise Testing & Lab ____________________________
Please describe any previous teaching, research, or clinical experience you have had.

Do you have certification in CPR? ___________________________ Cert Date: ________________

Do you have any Fitness or Physical Activity Teaching Certifications? _____________________

List the type of certification and provide the date of completion of all Fitness Certifications you may have. If none, list any specific classes or workshops that you have taken that would qualify you to be a teacher in these types of classes.

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<th>Certification</th>
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Please rank (1-5) your qualification to teach each activity shown below (NOTE: 1= best to 5= lowest).

_____ Physical Conditioning Activities

_____ Group Fitness Courses (aerobics, step, kick box, etc.)_____________________

_____ Resistance Training

_____ Flexibility and Stretching

_____ Yoga

_____ Other ________________________________
Teaching Background and Credentials for Classes

Please fill in your experience/qualifications for the activities you ranked. If “None,” please indicate.

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<thead>
<tr>
<th>Name of Activity</th>
<th>Teaching Experience (only include listed activity, grade level, # years)</th>
<th>Clinical Experience</th>
<th>Experiences as a Participant (include # years and level, e.g., performer, varsity, intramurals, etc.)</th>
<th>Coursework Activity/Methods Classes (include number and levels, officiating (rating), private lessons (level))</th>
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