Integrating Specialty Behavioral Health Care into the Patient Aligned Care Team (PACT) Model

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DISCLOSURES

• Please do not delete this slide. Conference Staff will enter the required disclosures.
LEARNING OBJECTIVES

At the conclusion of this session, the participant will be able to:

Learning Objective 1:
Participants will define the concept of Patient Aligned Care Team (PACT)

Learning Objective 2:
Participants will identify the goals of the Patient Aligned Care Teams (PACT)

Learning Objective 3:
Participants will define the role of the Patient Aligned Care Team (PACT) members in the Primary Setting

Learning Objective 4:
Participants will identify 2 strategies to integrate BHC’s in specialty patient aligned care teams
Meeting the Triple Aim

• Improved Patient Experience → Increasing access to care

• Improved Population Health → Increased compliance

• Reducing Per Capita Cost of Health Care → Reduced non-compliance
Overview

- PACT
- Specialty Behavioral Health
- Specialty Tracks
- Opportunities to Expand Specialty PACT’S
Patient Aligned Care Team

What is PACT?
VA’s Health Care Delivery Model

- 3 P’s (Patient-Driven, Personalized, Proactive)
- Continuous Improvement
- Coordinated Care
- Evidenced Based
- Prevention/Population Health
- Team-Based
PACT Goals

• Focus on Patient with Chronic Diseases
• Focus on health promotion, disease prevention and lifestyle management
• Accessible Care
• Improving Access
• Improve Coordination of Care
PACT

Teamlets
Why Specialty Behavioral Health?
“Mental Health Lady”

Specialty Behavioral Health
Think Of Us When....

- Hyperlipemia
- Asthma
- COPD
- Rheumatoid Arthritis
- Hypothyroidism
- Diabetes Mellitus
- Obesity
- Chronic Renal Disease
- Coronary Artery Disease
- Crohn’s Disease
Strategies

- Monthly PACT Meetings
- Proactive Panel Management
- Huddles
- PCP Orientation
- Shadow PCP
- Lunch and Learns
- Complex Patients
- LPN/RN
- Building Rapport
Evidenced Based Training Rollout
Evidenced-Based Interventions

- Motivational Interviewing
- Cognitive Behavioral Therapy for Chronic Pain (CBT-CP)
- Cognitive Behavioral Therapy for Depression (CBT-D)
- Cognitive Behavioral Therapy for Insomnia (CBT-I)
- Problem-Solving Therapy (PST)
- Acceptance & Commitment Therapy (ACT)

- Workshops
- Group Therapy
- Individual Sessions
Specialty Tracks

Primary Care Mental Health Integration
Specialty Tracks

• Diabetes
• Pain
• Sleep
• Tobacco Cessation
• Maternity MH Monitoring
• Geriatrics
Diabetes Management Track

- Prevalence
- Collaboration
- Measures
- Intervention

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Performance Improvement

Diabetes Management Track
Pain Management Track

- Prevalence
- Collaboration
- Measures
- Intervention
Sleep Management Track

• Prevalence
• Collaboration
• Measures
• Intervention
Tobacco Cessation Track

- Prevalence
- Collaboration
- Measures
- Intervention
Maternity/Postpartum Management Track

- Prevalence
- Collaboration
- Measures
- Intervention

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Geriatric Management Track (Geri-PACT)

- Prevalence
- Collaboration
- Measures
- Intervention
Chronic Care Management PACT

Specialized PACT
Benefits

• POC
• Education
• Address behavioral health issues
• Increase Collaboration
• Value of BHC
Opportunities to Expand Specialty Tracks........

MEDICAL SUBSPECIALTIES

• Infectious Disease
• Dental
• Dermatology
• Oncology
• Gastroenterology
• Cardiology
• Urology
• Rheumatology
• Hematology

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“Behavioral Health Lady”

ULTIMATE GOAL........


BIBLIOGRAPHY / REFERENCES


Questions

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