



Strength and Conditioning, MS

Student Handbook
2024-2025 Catalog

ASU Charter

ASU is a comprehensive public research university, measured not by whom we exclude, but rather by whom we include and how they succeed; advancing research and discovery of public value; and assuming fundamental responsibility for the economic, social, cultural and overall health of the communities it serves.

Inclusive Excellence at the College of Health Solutions

The College of Health Solutions has a mission to improve the mental and physical health of our larger and immediate communities by better understanding the challenges that individuals and populations face, while striving to be part of the solution. The college is committed to the idea that every member of our society should have the opportunity for good health and wellness throughout their lifespans. In an effort to actualize this ideal, we embrace and support inclusive excellence in everything we do, including teaching, research, service, and clinical practice.

For more information on our commitments to inclusive excellence, visit: <https://chs.asu.edu/why-chs/inclusive-excellence>.

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Introduction

Welcome

Welcome to the Master of Science in Strength and Conditioning degree program at Arizona State University!

Our faculty are excited you have selected the Master of Science in Strength and Conditioning program. As graduate students, you will have the opportunity to interact with renowned faculty with divergent backgrounds who are committed to human performance studies. The intellectual diversity and practical experience of our faculty ensures graduate students will participate in offerings that are unique, nationally recognized, and supported by Arizona State University's commitment to innovation. The graduate faculty is committed to your success and would like to recognize your efforts that bring you to the Strength and Conditioning graduate program!

This is an exciting time in the strength and conditioning field as multiple advancements in human performance are being made. The professional opportunities that await you are continually growing and we are ready to support you with these endeavors!

This handbook lays the foundation for your success in Strength and Conditioning. It sets shared expectations for both faculty and students. It also outlines the standards and policies set by the College of Health Solutions and ASU's Office of Graduate Education. Please keep this handbook as a reference as you navigate through the degree program. Let us know if any policies seem unclear. As a graduate student it is your responsibility to make sure you are following it in letter and in spirit.

As program director of the Master of Science in Strength and Conditioning program, I speak for the graduate faculty in reiterating our commitment to an innovative and rewarding educational journey. I look forward to working with you to achieve your graduate degree in Strength and Conditioning and beyond.

Hugh Lamont, PhD

Master of Science Strength and Conditioning Program Director

Vision and mission

The strength and conditioning master's degree will allow students to achieve proficiency in the art of performance coaching by having a thorough understanding of the science that leads to optimization of human potential and address the challenges facing the coaches and athletes of the 21st century using the advancements in health monitoring technology and equipment to create evidence driven solutions.

Program overview

The Master of Science in Strength and Conditioning (S&C) offered at Arizona State University on the downtown Phoenix campus is designed for practitioners and those interested in becoming a professional in the sports or tactical performance areas. The strength and conditioning profession involves the combined competencies of sport/exercise science, management, and coaching. Practitioners require substantial experience, expertise, and other resources to effectively address these challenges while serving in a multisport environment in both the academic or private sectors. The Strength and Conditioning program is designed to prepare students for advanced certification in sports science and critically evaluate the new technologies and program proposals that are constantly being created in the field of sports performance.

A minimum thirty (30) credit hours of graduate courses and a written comprehensive exam are required to complete the MS degree. Included in this 30 credit-hours are 6 credits of internship experience.

Who Should Apply: Professionals in sports performance coaching, sports science, exercise science, education, personal training, tactical performance or other sports medicine practitioners who are interested in:

- Pursuing advanced preparation in designing and coaching safe and effective strength and conditioning programs for all levels of participants
- Advancing skills and knowledge in athlete assessment and program design to improve the effectiveness of sports performance programs
- Pursuing advanced certification in the area of sports science

Competencies: Students completing the MS in Strength and Conditioning degree will:

- Master the skills of both biomechanical and physiological lab and field testing of athletes while assessing sport specific needs through both qualitative and quantitative measurement and monitoring. They will apply the scientific method as they utilize high-accuracy tools to analyze and interpret athlete biometric data and training data.
- Demonstrate the ability to perform sport and tactical athlete assessment data analysis and interpretation, and implement a variety of strength and conditioning programming theories. They will be competent in physiological systems of the body, and metabolic and muscular adaptations of resistance training.
- Demonstrate the ability to analyze athlete performance needs, interpreting test results, utilizing relative training theories to create evidenced based training programs.
- Improve communication and leadership skills to implement and coach appropriate training practices.

Program contacts

Program director: Hugh Lamont, hugh.lamont@asu.edu

Graduate support coordinator: Chuck Hale, chsgrad@asu.edu

Program faculty:

Hugh Lamont, PhD ([profile](#)) – strength and conditioning and sports science

Rachel Larson, PhD ([profile](#)) – strength and conditioning athlete/tactical populations

Charles Leddon, PhD ([profile](#)) – baseball-based pitching biomechanics

Linsey Miozzi, PhD ([profile](#)) – sports psychology

Jason Siegler, PhD ([profile](#)) – exercise physiology

Floris Wardenaar, PhD ([profile](#)) – sports nutrition

Admission

Admission to the Strength and Conditioning, MS is available for Fall terms. Deadlines to apply can be found [here](#). Applications will be reviewed by the admissions committee only once all materials have been received. Application status can be monitored in MyASU. Official admission decisions will be emailed to the student.

Quick Facts:

- Location: Downtown Phoenix campus
- Start terms: Fall
- Time to completion: 1.5 to 2 years

Graduate admission requirements

ASU maintains minimum standards for consideration for admission to graduate programs. The program may establish requirements in excess of those established by the university.

- An earned bachelor's degree or higher from a regionally accredited institution in the U.S., or the equivalent of a U.S. bachelor's degree from an international institution officially recognized by that country.
- A minimum grade point average of 3.00 (scale is 4.00 = "A") in the last 60 semester hours or 90 quarter hours of undergraduate coursework is required to be considered for admission to an ASU graduate degree program.
- International applicants must provide proof of English proficiency. For more information, visit the admissions [website](#).

Academic program requirements

In addition to the graduate admission requirements, the program requires the following as part of the application:

Undergraduate or graduate degrees – bachelor's or master's degree in exercise science, kinesiology, sports science, exercise physiology, human movement, physical education or a related field from a regionally accredited institution; applicants with a bachelor's degree in another area may apply and be considered if they can demonstrate that they have experience in strength and conditioning.

Prerequisite coursework – all applicants must have basic competencies in:

- Human Anatomy and Physiology with Laboratories (BIO 201 & BIO 202)
- Exercise and Sport Physiology (SSP 315 & SSP 316)
- Applied Anatomy and Biomechanics of Sport and Movement (SSP 325)

Letter of intent – should address his/her area of professional/scholarly interest, career and professional goals, and relevant background, experience, and training

References – Contact information of two references is required. References will be contacted via email to respond to a series of questions about the applicant.

Resume or curriculum vitae – highlight related strength and conditioning experience, particularly if undergraduate degree is not in directly related field

Provisional acceptance guidelines

In some instances, a student may be admitted provisionally and/or with a deficiency. Students should refer to the official admission letter sent by the Graduate College via MyASU to determine if they have been admitted with a provision and/or deficiency.

A provisional admission requires a student to maintain a 3.0 or higher GPA within a specified timeframe. If the 3.0 is not achieved by the end of the timeframe specified on the official admission letter, the student will be automatically dismissed from the degree program.

A deficiency requires a student to fulfill a competency area within a given timeframe. The academic program will monitor students with deficiencies. If a deficiency is not completed within the timeframe indicated on the official admission letter, the student may be recommended for dismissal from the academic program. To graduate in a timely manner, all applicants are strongly encouraged to have prerequisite courses complete prior to application.

Pre-admission credit policy

Credit hours completed at ASU or at another regionally accredited U.S. institution or international institution officially recognized by that country, before the semester and year of admission to an ASU graduate degree program, are considered pre-admission credits. With the approval of the academic unit and the Graduate College, students may include a maximum of 12 graduate-level credit hours with grades of "B" or better that were not used toward a previous degree. Preadmission credits must have been taken within three years of admission to the ASU degree or certificate program to be accepted. Certain types of graduate credits cannot be transferred to ASU (see the [Graduate College Policy Manual](#)). Official transcripts must be sent to Graduate Admission Services from the records office of the institution where the credits were earned.

Tuition and assistance

Tuition and fees

Tuition is set by ASU and the Arizona Board of Regents each year. View the general [Tuition and Fees Schedule](#), or calculate a more specific estimate of charges using the [ASU Tuition Estimator](#). Information on residency requirements can be found at [Residency for Tuition Purposes](#).

The Strength and Conditioning, MS has a program fee of \$278 per credit (max \$2,500 per semester).

Financial assistance

Financial assistance is available through a variety of sources, including:

- College of Health Solutions [scholarships](#)
- Graduate College [fellowships](#)
- Traditional financial aid ([loans](#) and [grants](#)).

For more information and assistance, visit the [Financial Aid website](#).

Travel assistance

Financial assistance for travel related to conferences, workshops, or training related to a student's graduate program is available through several resources.

- Graduate College [travel awards](#)
- Graduate and Professional Student Association [travel grants](#)
- College of Health Solutions [student conference support](#)

Curriculum and graduation requirements

Program requirements

The Strength and Conditioning, MS is comprised of 30 credits, including an internship and a written comprehensive exam.

Required Core (24 credits)

- KIN 520 Applied Sport Psychology (3)
- KIN 530 Exercise and Sport Physiology (3)
- KIN 540 Sport Biomechanics (3)
- NTR 555 Nutrition and the Athlete (3)
- SSP 501 Data Collection, Analysis and Interpretation in Strength and Conditioning (3)
- SSP 530 Advanced Performance Programming (3)
- SSP 534 Measurement and Monitoring in Sport and Fitness (3)
- SSP 560 Performance Sports Coaching (3)

Other Requirements (6 credits)

- SSP 584 Internship (6)

Culminating Experience (0 credits)

- written comprehensive exam (0)

Note: Grades of B- or higher are required in the core courses.

A grade of B or higher is required in SSP 584 Internship.

No 400-level coursework may be used toward the requirements of this program.

Internship

The internship experience provides the student with the opportunity to put into practice the lessons and skills discussed in the classroom. Students must complete KIN 520, KIN 530, KIN 540, SSP 501, SSP 530, and SSP 534 with grades of B- or better before enrolling in the internship.

Note: International students pursuing an internship must also communicate with the International Students and Scholars Center ([ISSC](#)) as early as possible for visa requirements to participate in an internship.

Students are responsible for finding their internship site. Known opportunities will be communicated by the program director. Completion of the internship must be under the supervision of an appropriately certified and trained field experience site supervisor(s). To ensure this experience provides the student with the proper educational value, the site supervisor(s) must meet the following criteria:

1. Be CSCS certified.
2. Ensure that student interns are directly supervised during day-to-day activities.
3. Provide instruction, assessment, and feedback for the application of current knowledge, skills, and abilities designated by the competencies for the degree listed in this handbook.
4. Demonstrate understanding of and compliance with the program's policies and procedures.

Final evaluation and grades for the internship will be determined by the MS Strength and Conditioning program director with consultation from the field experience site supervisor(s). A **grade of B or higher** is required in the internship. Students who receive lower than a B on the internship experience will be considered to have failed the course and will need to retake the internship at a different location under a new site supervisor.

Note: Students who are already CSCS certified should contact the program director and graduate support coordinator for sport science or research options in lieu of internship hours.

Written comprehensive exam

Students are required to successfully pass a comprehensive examination during the last semester of their degree program. The comprehensive examination is a final, integrative experience in which the students demonstrate mastery of the knowledge base gained in the MS Strength and Conditioning program.

Students may only take the comprehensive examination during the Fall or Spring semester. Exams are typically scheduled 3 weeks prior to final exam week. Students must notify the program director by the last week of the semester prior to the semester in which the student intends to graduate.

The comprehensive examination consists of three sections based on three of the required core courses (SSP 530, SSP 534, SSP 501). A committee comprised of the faculty with content expertise and experience teaching graduate courses is responsible for grading the comprehensive exam. Two faculty members with content expertise independently grade each question. If the two faculty are not in agreement regarding whether the student has passed the exam, a third faculty member is asked to grade the exam. Typically, the instructors of the required core courses and the selected focus area grade their respective exams in conjunction with another faculty member. All written exam questions are anonymized prior to the faculty grading the exam.

Students must successfully pass all questions on the exam to graduate. A student must pass all written questions to avoid an oral exam. Students must score at least an **80% on each question to pass** the written exam. Should a student fail one or more written question, they will be required to take and pass an oral examination. The oral examination will cover all of the written questions evaluated as unsatisfactory. If an oral exam is required, the student must pass all of the oral exam questions to pass the comprehensive exam. A committee of graduate faculty who graded the written exams and the program director will evaluate student performance on the oral exam. The results of the examination must be reported to the Graduate College within the semester it is completed.

Failing the comprehensive examination is considered final unless the written comprehensive examination supervisory committee and the head of the academic program recommend, and the dean of the Graduate College, approve a reexamination. Only one reexamination is permitted. A petition with substantial justification for reexamination, endorsed by the members of the student's written comprehensive examination supervisory committee and the head of the academic unit, must be approved by the dean for the Graduate College before a student can take the examination a second time. Reexamination may be administered no sooner than three months and no later than one year from the date of the original examination. The Graduate College office may withdraw a student from the degree program if the student's petition for reexamination is not approved, or if the student fails to successfully pass the retake of the comprehensive examination.

Application to graduate

Students should [apply for graduation](#) during the semester of planned graduation and must apply no later than the [deadline specified](#) for that term. Students must have an approved iPOS on file before applying for graduation.

Plan of study

To graduate in a timely manner, students should follow a recommended plan of study. Deviation from a plan of study should be discussed with the graduate support coordinator and program director. Failure to follow a plan of study may result in delayed graduation.

Plan of Study

Term/ Session	Course	Credits
Term 1 - Fall	KIN 530 Exercise and Sport Physiology	3
	KIN 540 Sport Biomechanics	3
	SSP 501 Data Collection, Analysis and Interpretation in Strength and Conditioning	3
Term 2 - Spring	KIN 520 Applied Sport Psychology	3
	SSP 530 Advanced Performance Programming	3
	SSP 534 Measurement and Monitoring in Sport and Fitness	3
Term 3 - Fall	NTR 555 Nutrition and the Athlete	3
	SSP 560 Performance Sports Coaching	3
Term 4 – Spring	SSP 584 Internship	6

Note: Internship may begin as early as the summer after Term 2, provided the Term 1 and Term 2 courses have been completed with grades of B- or better.

Interactive plan of study (iPOS)

The Interactive Plan of Study, or iPOS, is an agreement between the student, the academic unit, and the Graduate College. The student must submit their iPOS in the first semester of the program. Students are encouraged to review the iPOS at the end of each semester to ensure the courses listed on the iPOS match the student's transcript and that the courses meet the plan of study course requirements. More information on iPOS can be found [here](#).

Faculty advisor/chair: program director

Change of coursework: If a change of coursework is needed, the student must update the courses listed in the iPOS and submit a course change for review. This process is required if you projected a course you did not complete, or if you need to change courses listed. The iPOS will be routed electronically to the graduate support coordinator for review and approval, and then for auditing by the Graduate College.

Specializations and certifications

The College of Health Solutions prepares graduates for excellence upon entering the workplace. Since certification and licensure requirements vary by profession and from state to state, we recommend that you visit the [ASU licensure website](#) to determine if your program meets the requirements of individual state licensures or national certifications, as applicable. If you have specific questions, please contact your program director or degree coordinator.

Satisfactory academic progress

All graduate students are expected to make systematic progress toward completion of their graduate program. This progress includes satisfying the conditions listed below, and achieving the benchmarks and requirements set by the individual graduate programs as well as the Graduate College. If a student fails to satisfy the requirements of their program and/or the benchmarks outlined below, the student may be dismissed from their program based on the academic unit's recommendation to the Graduate College at which time the dean of the Graduate College makes the final determination.

Satisfactory academic progress includes:

1. Maintain a minimum 3.00 for all GPAs.
2. Satisfy all requirements of the graduate program.
3. Satisfy the maximum time limit for graduation for the student's graduate program (six years for masters and certificates, ten years for doctoral)
4. Successfully pass comprehensive exams, qualifying exams, foreign language exams, and the oral defense of the proposal/prospectus for the thesis or dissertation.
5. Successfully complete the culminating experience.
6. Graduate students must remain continuously enrolled in their graduate program. Failing to do so without a Graduate College approved Leave of Absence is considered to be lack of academic progress and may result in the Graduate College withdrawing the student from their program.

GPA and grades

Graduate students must maintain a minimum 3.00 (scale is 4.00 = "A") grade point average (GPA) to maintain satisfactory academic progress and to graduate. The minimum 3.00 GPA must be maintained on all GPAs (Plan of Study (iPOS) GPA, Overall Graduate GPA and Cumulative GPA):

1. The iPOS GPA is calculated on all courses that appear on the student's approved iPOS
2. Cumulative GPA represents all courses completed at ASU during the graduate career.
3. The Overall Graduate GPA is based on all courses numbered 500 or higher that appear on the transcript after admission to a graduate program or graduate non-degree. This includes shared coursework if in an approved accelerated bachelor's/master's program.

Transfer credits and some courses taken in the Sandra Day O'Connor College of Law are not calculated in the iPOS GPA or the Graduate GPA. Courses lower than a "C" cannot appear on the iPOS but will be included when calculating the Graduate GPA. Courses with an "I" grade (incomplete) or "X" grade (audit) cannot appear on the iPOS.

University grade definitions and policies can be found [here](#).

The Strength and Conditioning, MS program requires grades of B- or higher the core courses and a grade of B or higher in SSP 584.

Note: Faculty may differ on the use of the +/- grading system for their classes. Students should be aware that a course grade of B is considered a 3.0 and that a course grade of B- is equivalent to a 2.67.

Incomplete grade requests

An incomplete grade request may be considered by an instructor when a student, who is doing otherwise acceptable work, is unable to complete a course (e.g., final exam or term paper) because of illness or other conditions beyond the student's control. Unfinished work must be completed with the same instructor except under extenuating circumstances. The completion date is determined by the instructor but may not exceed one calendar year from the date the mark of "I" is recorded. Once the work is

completed, faculty must request a change on the grade roster to post the grade. If a student does not complete the missing coursework by the date that is agreed upon on the incomplete request form, the instructor may change the grade to what was earned based on the work completed in the class. If the coursework is not completed after a calendar year, the incomplete becomes permanent. Repeating a class in which an incomplete is awarded will not replace the "I" on the student's transcript. Students must complete the [incomplete request form](#) and submit it to their instructor for review and processing.

Academic probation and dismissal

Failure to maintain a minimum 3.0 GPA or failure to satisfactorily progress in the program as referenced in this handbook will result in the student being placed on academic probation. Students will be notified of probationary status and expectations for improvement by the program director or graduate support coordinator. Time limits for probationary status may vary. Typically, students have 9 credit hours or one year, whichever comes first, to raise their GPA.

Students who fail to meet requirements or timeline needed to demonstrate satisfactory improvement will be recommended for dismissal from the program. Students may also be recommended for dismissal for failing to make satisfactory progress toward the internship and written comprehensive exam. Notice will be provided by the program and will include procedures for appeal.

Time to completion limit

All work toward a master's degree must be completed within six consecutive years. Graduate courses taken prior to admission that are included on the Interactive Plan of Study must have been completed within three years of the semester and year of admission to the program. The six-year period begins with the term of admission to the program OR the earliest term of applied pre-admission credit.

Any exception to the time limit policy must be approved by the program director, the College of Health Solutions, and the dean of the Graduate College. The Graduate College may withdraw students who are unable to complete all degree requirements and graduate within the allowed maximum time limits.

Appeal and grievance processes

Grade appeal

For grade disputes during a class, students must first contact the instructor of the course. Concerns that are not able to be resolved with the instructor should be brought to the program director.

The process to appeal a final course grade may only be initiated by a student once the course has concluded and a final course grade has been posted to the student's transcript. Per university policy, grade appeals must be processed in the regular semester immediately following the issuance of the final grade in dispute (by commencement for fall or spring) regardless of whether the student is enrolled at the university.

The process begins with a discussion about the matter between the student and the course instructor. If the matter is unresolved, the student should submit a Grade Appeal Form for further review. If this review does not adequately settle the matter, the student should begin the formal procedure of appealing to the College of Health Solutions Academic Standards and Grievance Committee. More information on all steps of this process can be found [here](#).

Student grievance

Students who wish to file a grievance about a non-grade-related matter may use the established procedure (more information can be found [here](#)). Non-grade-related grievances may include dissatisfaction with an instructor, problems with a classmate or other unresolved situations.

Appealing recommendation for dismissal

1. Students may appeal a decision for dismissal from the program by submitting a letter to the program director.
 - a. The appeal letter must be received within 10 business days of the date of the letter of dismissal. The letter should state the reasons justifying a reversal of the original decision and provide substantive evidence in support of the request.
 - b. Letters received after the 10 business-day interval will not be reviewed, and the dismissal will be final.
 - c. The program committee will review all letters of appeal that are received within the 10 business-day time frame. The committee will submit their decision to the program director within 10 business days of receipt of the student's letter.
2. The program director will then notify the Student Success Hub of the decision. The Student Success Hub will inform the student of the decision.
3. If the appeal is denied, the student may appeal to the CHS Academic Standards and Grievances Committee within 10 business days of receiving the denial of the appeal. The CHS Academic Standards and Grievances Committee will review the dismissal and appeal materials and make a recommendation to the dean of the College of Health Solutions. The dean will have 20 calendar days to make a final decision.
4. If at any stage, a timely appeal is not submitted by the student, the program director will recommend dismissal to the Graduate College via the Student Success Hub. The Graduate College will then inform the student of the dismissal by letter.

Student code of conduct and academic integrity

ASU expects and requires its students to act with honesty, integrity, and respect. Required behavior standards are listed in the [ASU Student Code of Conduct](#), the [ABOR Code of Conduct](#), the [Computer, Internet, and Electronic Communications Policy](#), the [ASU Student Academic Integrity Policy](#), and outlined by the [Office of Student Rights & Responsibilities](#). Violations of a Graduate College, College of Health Solutions, or Arizona State University policy will result in academic review and may consequently result in student disciplinary procedures.

Academic integrity

The [ASU Student Academic Integrity Policy](#) lists violations in detail. These violations fall into five broad areas that include, but are not limited to:

1. Cheating on an academic evaluation or assignment.
2. Plagiarizing.
3. Academic deceit, such as fabricating data or information.
4. Aiding academic integrity policy violations and inappropriately collaborating.
5. Falsifying academic records.

Information on the Academic Integrity procedure within the College of Health Solutions can be found at <https://catalog.asu.edu/policies/chs>.

Newly admitted graduate students will receive a "priority task" on their MyASU directing them to complete a canvas module on academic integrity. The module consists of a PowerPoint that outlines academic integrity and students must take a quiz and pass with an 80% or higher.

Student code of conduct

Violations of the ASU Student Code of Conduct, other than the provision concerning academic dishonesty, are more generally considered inappropriate behavior. The [Office of Student Rights and Responsibilities](#) reviews and sanctions these matters. If a student violates both the academic integrity provision and additional provisions of the Student Code of Conduct, both the college and the Office of Student Rights and Responsibilities will review the matter. Each independently makes determinations concerning violations and appropriate sanctions.

Professional conduct

ASU is a community and a professional work environment. Graduate students are expected to treat their peers, teachers, students, staff, and members of the ASU community with respect and work with them in a professional manner. Graduate students are representatives of their program, the College of Health Solutions, and ASU. Students must demonstrate the requisite qualifications for successful professional performance, including interpersonal skills, basic communication skills, appropriate professional conduct, and satisfactory performance in field experiences.

Graduate students who demonstrate behaviors or characteristics which make success in their related fields questionable will be reviewed by the program committee. The committee's review may result in a recommendation for dismissal from the program or implementation of probational conditions for continued participation. Students may appeal a recommendation for dismissal by following [established procedures](#).

College and university procedures and policies

All policies and procedures outlined in this handbook are in accordance with policy set by the [Graduate College](#) and [Office of the University Provost](#). In some cases, program policies may be more restrictive than those set by Graduate College and Provost.

Continuous enrollment policy

Students must be registered for a minimum of one credit hour during all phases of their graduate education, including the term in which they graduate. This includes periods when students are engaged in research, conducting a doctoral prospectus, working on or defending theses or dissertations, taking comprehensive examinations, taking Graduate Foreign Language Examinations, or in any other way using university resources, facilities or faculty time.

Registration for every fall semester and spring semester is required. Summer registration is required for students taking examinations, completing culminating experiences, conducting a doctoral prospectus, defending theses or dissertations, or graduating from the degree program. More information on this policy can be found [here](#).

Requesting a leave of absence

Graduate students planning to discontinue registration for a semester or more must submit a leave of absence request via their Interactive Plan of Study (iPOS). This request must be submitted and approved **before** the anticipated semester of non-registration. Students may request a maximum of two semesters of leave during their entire program. Students with a Graduate College-approved leave of absence are not required to pay tuition or fees, but in turn are not permitted to place any demands on university faculty or use any university resources. These resources include university libraries, laboratories, recreation facilities or faculty and staff time. More information on this policy can be found [here](#).

Registration policies

Students are strongly encouraged to enroll in courses well in advance of the start of the term. Enrollment must be complete by the Add/Drop deadline for the session in which the class is offered. Courses that are dropped by the Add/Drop deadline will not appear on a student's transcript. If a course is removed from a student's schedule after this deadline, it will be considered a withdrawal and a grade of "W" will be recorded. Term dates and deadlines, including the Add/Drop, Tuition Refund, Course Withdrawal, and Session Withdrawal deadlines, can be found on the [Academic Calendar](#).

Discrimination, harassment, and retaliation

Title IX of the Education Amendments of 1972 is a federal law which provides that no person be excluded on the basis of sex from participation in, be denied benefits of, or be subjected to discrimination under any education program or activity. Both Title IX and university policy [ACD 401](#) make clear that sexual violence and harassment based on sex is prohibited. An individual who believes they have been subjected to sexual violence or harassed on the basis of sex can seek support, including counseling and academic support, from the university. For information on resources, visit the sexual violence awareness, prevention, and response [website](#).

Student support resources

Academic program support

Students admitted to the Strength and Conditioning, MS program will have access to an internal Canvas site. This is used to house program documents, resources, and communicate relevant information to current students.

Graduate students in the College of Health solutions may access the [CHS website](#) for information on [college policies and resources](#) and [advising information](#).

University resources

- [Graduate College](#)
- [Office of the University Provost](#)

Academic and career support

- [ASU Libraries](#)
- [Graduate Writing Center](#)
- [Career and Professional Development Services](#)
- [Graduate and Professional Student Association](#)
- [Student Clubs and Organizations](#)

Business and finance services

- [Financial Aid and Scholarship Services](#) (financial aid)
- [Billing and Student Finances](#) (tuition, fees, and payments)
- [Parking and Transit Services](#) (permits, shuttles, public transit)
- [Sun Devil Card Services](#) (ID cards)
- [Enterprise Technology](#) (technology assistance)
- [Sun Devil Dining](#) (meal plans, M&G, hours)

Counseling services

ASU Counseling Services provides confidential, time-limited counseling and crisis services for students experiencing emotional concerns or other factors that affect their ability to achieve their goals. Support is available 24/7.

In-person counseling: Monday-Friday 8 a.m. – 5 p.m.

ASU Counseling Services, Student Services Building 234 Tempe, AZ 85287

480-965-6146

After-hours/weekends

Call EMPACT's 24-hour ASU-dedicated crisis hotline:

480-921-1006

For life threatening emergencies

Call 911

Disability accommodations

Reasonable accommodations are determined on a case-by-case, course-by-course basis to mitigate barriers experienced due to a disability ([SSM 701-02](#)). Students with disabilities who require accommodations must register with the [Student Accessibility and Inclusive Learning Services](#) and submit appropriate documentation. It is recommended students complete this process at the beginning of the term and communicate as appropriate with their instructor.

- Email: Student.Accessibility@asu.edu
- Phone: (480) 965-1234
- FAX: (480) 965-0441

Pregnancy: Students requesting services due to pregnancy ([SSM 701-10](#)) should be prepared to submit documentation regarding the pregnancy, any complications and clearance to return to school related activities. Student Accessibility can work with students to foster continued participation in a program, whether that be with academic accommodations such as absences or assistance requesting a leave, or through other requested accommodations.

Health and fitness

All ASU students enrolled in in-person programs have access to Sun Devil Fitness facilities on all campuses. For more information about facilities, membership and group fitness classes, please visit: <https://fitness.asu.edu>

For information about health insurance and appointments with care providers, please see the ASU Health Services website: <https://eoss.asu.edu/health>

International students

ASU's International Student and Scholars Center can provide support and answers to questions about visas, employment, scholarships and travel. To find more information or schedule an appointment with an ISSC adviser, visit the website: <https://issc.asu.edu/>

Veterans and military

The Pat Tillman Veterans Center provides guidance and support for students who are veterans, active-duty military or military dependents. For more information, please call the office at (602) 496-0152 or visit: <https://veterans.asu.edu/>