

ASU College of
Health Solutions
Arizona State University

M.S. Degree
Strength and Conditioning
30 Credit Hours

Fall Semester: 9 Credits

Fall	SSP 501	Data Collection, Analysis and Interpretation in Strength and Conditioning (3)
Fall	KIN 530	Exercise and Sport Physiology (3)
Fall	KIN 540	Sport Biomechanics (3)

Spring Semester: 9 Credits

Spring	SSP 534	Measurement and Monitoring in Sport and Fitness (3)
Spring	KIN 520	Applied Sport Psychology (3)
Spring	SSP 560	Performance Sports Coaching (3)

Fall Semester: 6 Credits

Fall	SSP 530	Advanced Performance Programming (3),
Fall	NTR 555	Nutrition and the Athlete (3)

Spring Semester: 6 Credits

Spring	SSP 584	Internship (6)
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